

Fight Song

拍數: 92 牆數: 2 級數: Phrased Intermediate
編舞者: Cheri Litzenburg (USA) & Matthew Cook - May 2015
音樂: Fight Song - Rachel Platten



Intro: 8 counts □ - Pattern A, B, A, B, B(16), A(36), B, A

PATTERN A – 48 counts

A1: FWD ROCK RECOVER WITH HOLD, FULL TURN SHUFFLE, BACK ROCK RECOVER WITH HOLD, ¼ PIVOT CROSS STEP

1, 2& Rock fwd on right, Hold, Recover weight on left (&)
3&4 Full turn over right shoulder stepping, Right, Left, Right
5, 6&7 Step fwd left, Hold, Step fwd right (&), Pivot ¼ left step on left
&8 Cross right over left, Step left to side (9:00)

A2: BACK ROCK RECOVER WITH HOLD, ¾ TURN TRIPLE, STEP HOLD, ROCK RECOVER STEP

1, 2& Rock back on right at an angle, Hold, Recover left (&),
3&4 ¼ left stepping back on right, ¼ turn left step on left, ¼ left step right next to left.
5, 6 Step fwd on left, Hold
&7, 8 Rock fwd on right, Recover weight to left, Step back on right (12:00)

A3: ¼ TURN STEP HOLD, CROSS SIDE ROCK RECOVER CROSS, STEP HOLD, ¼ TRIPLE

1, 2 ¼ turn left stepping on left, Hold
&3&4 Cross right over left, Rock left to side, Recover weight to right, Cross left over right,
5, 6 Step right to side, Hold
&7, 8 Step left next to right, ¼ turn on right foot, Step fwd on left (12:00)

A4: STEP HOLD, ½ PIVOT TURN, FWD LEFT, FWD ROCK RECOVER, RIGHT COASTER STEP

1, 2 Step fwd on right, Hold
&3, 4 Step fwd on left, ½ turn over right shoulder stepping on right, Step fwd left
5, 6 Rock fwd on right, Recover weight to left,
7&8 Step back right, Step left next to right, Step fwd right (6:00)

A5: SIDE ROCK RECOVER STEP, SIDE & CROSS, COASTER CROSS, WALK WALK

1&2 Rock left, Recover right, Step back on left
3, 4 Step right to side, Cross left over right (36 count of A)
5&6 Step back right, Step left next to right, Cross right over left
7, 8 Walk left, Walk right (6:00)

A6: ½ PIVOT TURN, ½ PIVOT TURN, FWD ROCK RECOVER, ½ SAILOR TURN

1, 2 Step fwd left, ½ turn right placing weight on right
3, 4 Step fwd left, ½ turn right placing weight on right
5, 6 Rock left fwd, Recover weight to right
7&8 1/4 turn left stepping left behind right, ¼ turn left stepping on your right, Step left next to right
(12:00)

Pattern B – 44 counts

B1: ROCK RECOVER (DIAGONAL), ½ TURN TRIPLE, ROCK RECOVER (DIAGONAL), COASTER

1, 2 Rock fwd on right foot to corner (1:00), Recover weight to left
3&4 ½ turn right stepping right, Left right (7:00)
5, 6 Rock fwd on left foot to corner (7:00), Recover weight right
7&8 Square up to 6:00 stepping back left, Step right next to left, Step fwd left (6:00)

B2: ROCK RECOVER (DIAGONAL), ½ TURN TRIPLE, ROCK RECOVER (DIAGONAL), COASTER

1,2 Rock fwd on right foot to corner (5:00), Recover weight to left
3&4 ½ turn right stepping right, Left right (11:00)
5,6 Rock fwd on left foot to corner (11:00), Recover weight right
7&8 Square up to 12:00 stepping back left, Step right next to left, Step fwd left (12:00)
(16 count - B)

B3: OUT OUT, RIGHT COASTER, WALK WALK, SHUFFLE

1,2 Step fwd right , Step left shoulder width apart
3&4 Step back right, Step left next to right, Step fwd right
5,6 Walk left, Walk right
7&8 Step fwd left, Step right next to left, Step fwd left (12:00)

B4: FWD ROCK RECOVER, ½ TURN TRIPLE, ½ TURN WITH HIP BUMP, ½ TURN WITH HIP BUMP

1,2 Step fwd right, Recover weight to left
3&4 ½ turn right stepping right, Left, Right
5&6 ¼ right touching left to side/pushing hip left, ¼ right stepping back left
7&8 ¼ right touching right to side/pushing hip right, ¼ right stepping on right (6:00)

B5: FWD ROCK RECOVER, COASTER, SIDE ROCK CROSS, SIDE ROCK CROSS

1,2 Rock fwd left, Recover weight to right
3&4 Step back left, Step right next to left, Step fwd left
5&6 Rock right to side, Recover weight to left (&) cross right over left
7&8 Rock left to side, Recover weight to right (&) cross left over right (6:00)

B6: HIP ROLL TOUCH, HIP ROLL TOUCH

1,2 Roll hips right stepping on right foot, Touch left toe next to right
3,4 Roll hips left stepping on left foot, Touch right toe next to left (6:00)

Choreographer info: Cheri Litzenburg - www.linedancecheri@verizon.net

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***** This song is empowering and very dear to me. Dance like no one is watching!**
