

Open The Box

拍數: 48 牆數: 2 級數: Beginner / Improver
編舞者: Gaye Teather (UK) - May 2015
音樂: The Box - Randy Travis : (CD: I Told You So - The Ultimate Hits Of Randy Travis)



#16 count intro

S1: Step. Brush. Step. Brush. Right Mambo forward. Hold

1 – 4 Step forward on Right. Brush Left forward. Step forward on Left. Brush Right forward
5 – 8 Rock forward on Right. Recover onto Left. Step back on Right. Hold

S2: Left lock step back. Hold. Right lock step back. Hold

1 – 4 Step back on Left. Lock Right over Left. Step back on Left. Hold
5 – 8 Step back on Right. Lock Left over Right. Step back on Right. Hold

S3: Coaster step Hold. Quarter turn Left. Chasse Right. Hold

1 – 4 Step back on Left. Step Right beside Left. Step forward on Left. Hold
5 – 6 Pivot quarter turn Left on ball of Left stepping Right to Right side. Step Left beside Right (Facing 9 o'clock)
7 – 8 Step Right to Right side. Hold

S4: Left back rock. Side. Hold. Right back rock. Side. Hold

1 – 4 Rock back Left behind Right. Recover onto Right. Step Left to Left side. Hold
5 – 8 Rock back Right behind Left. Recover onto Left. Step Right to Right side. Hold

S5: Extended weave Right. Quarter turn Left

1 – 4 Cross Left behind Right. Step Right to Right side. Cross Left over Right. Step Right to Right side
5 – 6 Cross Left behind Right. Step Right to Right side
7 – 8 Cross Left over Right. Pivot quarter turn Left on ball of Left hitching Right knee (Facing 6 o'clock)

***Restart from beginning at this point during wall 5 (You will be facing 6 o'clock)**

S6: Right lock forward. Brush. Left Mambo forward. Touch across

1 – 4 Step forward on Right. Lock Left behind Right. Step forward on Right. Brush Left foot forward
5 – 8 Rock forward on Left. Recover onto Right. Step back on Left. Touch Right toe across Left foot

Start again

The song/dance ends during wall 11. Dance up to and including count 4 of section 3 (Left Coaster step). You will be facing 12 o'clock. Then walk forward Right. Left