Baby Blue (Reviewed)

拍數: 64

級數: Intermediate

編舞者: Mike Hitchen (UK) - May 2015

音樂: Baby Blue - Mark Medlock : (iTunes)

#56 Count Intro Section 1: Rock Step, Step Lock Step, Back Rock, Left Shuffle Forward. 1 - 2Rock forward on right, Return weight to left. 3&4 Step right back, Lock left over right, Step right back. 5 - 6Rock left back, Return weight to right. 7 & 8 Step left forward, Step right together, Step left forward. Section 2: Right Hip Bumps, Left Hip Bumps, Step 1/2 Turn, Full Turn Left. 1&2 Step right diagonally forward bump hips RLR. 3&4 Step left diagonally forward bump hips LRL. 5 - 6Step right forward, Pivot 1/2 turn left. (Weight on left) 7 – 8 1/2 Turn left stepping back on right, 1/2 Turn left stepping forward on left. Section 3: Step 1/2 Turn, Right Coaster Cross, Side Together, Side shuffle. 1 - 2Step forward on right, Pivot 1/2 turn right stepping left back. 3&4 Step right back, Step left together, Cross right over left. 5 - 6Step left to side, Step left together. 7 & 8 Step left to side, Step right together, Step left side. Section 4: Cross Rock, Side chasse 1/4 Turn Right, Walk RL, Sailor 1/4 Turn Left. 1 – 2 Cross rock right over left, Recover to left. 3&4 Step right to side, Step left together, Step right 1/4 turn right. 5 - 6Walk forward left, Walk forward right. 7 & 8 Step left behind right, Step right back 1/4 turn left, Step left forward. Cross step right over left, Rock left to side, Return weight to right. Cross step left over right, Rock right to side, Return weight to left. Walk forward right Walk forward left. (optional Full turn Left RL) Step right forward, Pivot 1/2 turn left. (Weight on left) Cross rock right over left, Return weight to left. Step right to side, Step left together, Step right to side. Cross rock left over right, Return weight to right. Step left to side, Step right together, Step left to side. Step right forward, Lock left behind right Step right forward, lock left behind right, Step right forward. Rock left forward, Return weight to right. Full triple turn left on LRL Rock right forward, Return weight to left.





牆數:2

RESTART HERE WALL 7

Section 5: Moving Forward R&L Sambas, Full Turn Left, Step 1/2 Turn Left.

- 1&2
- 3&4
- 5 6
- 7 8

RESTARTS HERE WALLS 2 & 5

Section 6: Cross rock, Side Shuffle, Cross Rock Side Shuffle.

- 1 2
- 3&4
- 5 6
- 7 & 8

Section 7: Step lock, Step Lock Step, Rock Step, Triple Full Turn Left.

- 1 2
- 3&4
- 5-6
- 7 & 8

Section 8: Rock Step, Coaster Step, Rock Step, Coaster Step.

- 1 2
- 3&4 Step right back, Step left together, Step right forward.

- 5 6 Rock left forward, Return weight to right.
- 7 & 8 Step left back, Step right together, Step left forward.

TAGS AND RESTARTS There are 3 easy Restarts Walls 2-5-7 Walls 2 & 5 after 40 counts - Wall 7 after 32 counts

Two Tags at the ends of walls 3 & 6 $\,$

FOUR COUNT ROCKING CHAIR

1-4 Rock forward, back, Rock back, forward