

So Beautiful

拍數: 32 牆數: 4 級數: Beginner
編舞者: Alice Norris (USA) - May 2015
音樂: Beautiful (feat. Pitbull) - Frankie J : (Album: Faith, Hope Y Amor)



#64 count intro

Side Shuffle, Rock, Recover, Kickball Change, Kickball Change

- 1&2-3-4 Step right to side, step left beside right, step right to side, rock left behind right, recover to right
- 5&6-7&8 Kick left forward, step left ball in place, step right beside left, kick left forward, step left ball in place, step right beside left, (Kickballs travel slightly to left)

Side Shuffle, Rock, Recover, Kickball Change, Kickball Change

- 1&2-3-4 Step left to side, step right beside left, step left to side, rock right behind left, recover to left
- 5&6-7&8 Kick right forward, step right ball in place, step left beside right, kick right forward, step right ball in place, step left beside right

(Kickballs travel slightly to right)

Step, Point, Step, Point, 1/4 Jazz Box Cross

- 1-2-3-4 Step right forward, point left to side, step left forward, point right to side
- 5-6-7-8 Cross right over left, step left back, ¼ turn right stepping right to side, step left across right

Side, Hold, Rock, Recover, Side, Hold, Rock, Recover

- 1-2-3-4 Big step to right, hold, rock left behind right, recover to right
- 5-6-7-8 Big step to left, hold, rock right behind left, recover to left

Repeat

END: 24-Count Optional Ending: At the end of wall 12, the music reduces to just piano. You will be facing 12:00. You can just stop the dance there or dance the following:

(Repeat the last 8 counts of dance) Side, Hold, Rock, Recover, Side, Hold, Rock, Recover

- 1-2-3-4 Big step to right, hold, rock left behind right, recover to right
- 5-6-7-8 Big step to left, hold, rock right behind left, recover to left

Cross Walk, Hold, Cross Walk, Hold, Cross Walk, Hold, Step, ½ Turn

- 1-2-3-4 Step right forward slightly across left, hold, step left forward slightly across right, hold
- 5-6-7-8 Step right forward slightly across left, hold, step left forward, ½ turn right taking weight to right

Cross Walk, Hold, Cross Walk, Hold, Cross Walk, Hold, Step, ½ Turn

- 1-2-3-4 Step left forward slightly across right, hold, step right forward slightly across left, hold
- 5-6-7-8 Step left forward slightly across right, hold, step right forward, ½ turn left keeping weight on right

(Pop left knee and strike a pose!)

Prepared and Submitted by: Carol Cotherman - topcat1217@windstream.net