What Do You See (如我所見) (zh)



拍數: 64 牆數: 2 級數: Intermediate

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音樂: What Do You See - Doc Walker: (CD: Doc Walker)



第一段 Right Touch-Ball-Heel. & Right Side Rock. Behind. Side. Cross. 1/4 Turn Right. Hinge 1/4 Turn Right.

點收點, 右下沉, 後 旁 交叉, 右轉1/4, 右轉1/4

Touch Right toe beside Left. Step back on Right. Dig Left heel forward. Step Left back to place. 1&2&

點收踵 右足趾併點, 右足後踏, 左足踵前點, 左足後踏,

3-4 Rock Right out to Right side. Recover weight on Left.

右下沉 回 右足右下沉, 左足回復

5&6 後-旁- Cross Right behind Left. Step Left to Left side. Cross step Right over Left. 右足於左足後交叉踏, 左足左踏, 右

足於左足前交叉踏

7-8右90 90 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right beside Left. 右轉90度左足後

踏, 右轉90度右足併踏

第二段 Left Kick-Ball-Step, Left Shuffle 1/2 Turn Right, Right Coaster Step, & Walk Forward Right and Left,

左踢踏踏, 右轉交換, 右海岸, 前走-右, 左

1&2踢-併- Kick Left forward. Step ball of Left beside Right. Step forward on Right. (Facing 6 o'clock)

左足前踢, 左足併踏, 右足前踏(面向6點鐘)

3&4轉交換 Left shuffle making 1/2 turn Right stepping Left. Right. Left.

右180度轉交換-左. 右. 左

5&6海岸步 Step back on Right. Step Left beside Right. Step forward on Right.

右足後踏, 左足併踏, 右足前踏

Step ball of Left beside Right. Walk forward on Right. Walk forward on Left. (Facing 12 o'clock) &7-8併-走

左足併踏, 右足前走, 左足前走

第三段 Right Side Rock. Right Sailor. Left Sailor. Cross Behind. Unwind 3/4 Turn Right 右側下沉, 右水手步, 左水手,

後交叉, 右繞轉3/4

1-2 Rock Right out to Right side. Recover weight on Left.

右足右下沉, 左足回復 右下沉回

3&4水手步 Cross Right behind Left. Step Left beside Right. Step Right to Right side. 右足於左足後交叉踏, 左足併踏, 右

5&6水手步 Cross Left behind Right. Step Right beside Left. Step Left to Left side. 左足於右足後交叉踏, 右足併踏, 左足

左踏

Cross Right behind Left. Unwind 3/4 turn Right. (Weight on Right) (Facing 9 o'clock) 7-8

後交叉 右足於左足後交叉踏, 右繞轉270度(重心在右足)(面向9點鐘)

右繞270

第四段 Forward Rock. Cross. Step Back. & Cross. Step Diagonally Back. Back Rock. 前下沉, 交叉, 後踏, 交叉, 斜後

踏. 後下沉

Rock forward on Left. Rock back on Right. 1-2

前下沉回 左足前下沉, 右足後下沉

復

Cross step Left over Right. Step back on Right.

爵士方塊 左足於右足前交叉踏, 右足後踏

後 Step ball of Left Diagonally back Left. Cross step Right over Left. Step Left Diagonally back Left.

&5-6 左足斜角後踏, 右足於左足前交叉踏, 左足斜角後踏

7-8 Rock back on Right. Rock forward on Left. (Facing 9 o'clock)

後下沉 回 右足後下沉, 左足前下沉(面向9點鐘)

復

第五段 Right Kick-Ball-Cross. 2 x 1/4 Turns Left. Right Cross Shuffle. Left Side Rock & Cross. 右踢踏交叉, 二次左轉1/4, 右交叉交換, 左側下沉交叉

1&2 Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.

踢-併-交 右足斜角前踢,右足併踏,左足於右足前交叉踏

叉

3-4左90 90 Make 1/4 turn Left stepping back on Right. Make 1/4 turn Left stepping Left to Left side. 左轉90度右足後踏, 左轉90度左足左踏

5&6交叉交 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. 右足於左足前交叉踏, 左足左踏, 換 右足於左足前交叉踏

7&8曼波交 Rock Left out to Left side. Recover weight on Right. Cross step Left over Right. (Facing 3 o'clock) 叉 左足左下沉, 右足回復, 左足於右足前交叉踏(面向3點鐘)

第六段 Right Kick-Ball-Cross. 2 x 1/4 Turns Left. Right Cross Shuffle. Left Side Rock & 1/4 Turn Right. 右踢踏交叉, 二次左轉1/4, 右交叉交換, 左側下沉 & 右轉1/4

1&2 Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.

踢-併-交 右足斜角前踢, 右足併踏, 左足於右足前交叉踏

叉

3-4左90 90 Make 1/4 turn Left stepping back on Right. Make 1/4 turn Left stepping Left to Left side. 左轉90度右足後踏, 左轉90度左足左踏

5&6交叉交 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. 右足於左足前交叉踏, 左足左踏, 換 右足於左足前交叉踏

7&8 Rock Left out to Left side. Recover weight on Right making 1/4 turn Right. Step forward on Left.

左下沉- 左足左下沉, 右足回復右轉90度, 左足前踏

右90-踏

第七段 Step Forward. Left Scuff-Ball-Step. Step Forward. Heel Switches (Right & Left). & Forward Rock. 前路, 左擦踢路, 前路, 踵交換(右, 左), &前下沉

1踏 Step forward on Right. (Facing 12 o'clock)

右足前踏(面向12點鐘)

2&3 Scuff Left Slightly forward Hitching Left knee up. Step back on ball of Left. Step forward on Right.

擦踢-併-踏 左足略向前擦踢後抬左膝, 左足後併踏, 右足前踏

4踏 Step forward on Left 左足前踏

5&6&踵收 Dig Right heel forward. Step Right back to place. Dig Left heel forward. Step Left back to place.

踵收 右足踵前點,右足後踏,左足踵前點,左足後踏

7-8下沉回 Rock forward on Right. Rock back on Left.

復 右足前下沉, 左足後下沉

第八段 Right Shuffle 1/2 Turn Right. 2 x 1/2 Turns Right. Left Mambo Forward. Back Rock. 右轉交換, 二次右轉1/2, 左前曼波, 後下沉

1&2轉交 Right shuffle making 1/2 turn Right stepping Right. Left. Right.

換 右180度轉交換-右, 左, 右

3-4轉 轉 Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.

右轉180度左足後踏,右轉180度右足前踏

5&6前曼波 Rock forward on Left. Rock back on Right. Step back on Left.

左足前下沉, 右足後下沉, 左足後踏

7-8 Rock back on Right. Rock forward on Left. (Facing 6 o'clock)

後下沉 回 右足後下沉, 左足前下沉(面向6點鐘)

復

8 Count Tag (End of Wall 2 & 4) 第二面牆及第四面牆結束加8拍

Kick-Ball-Point. & Forward Rock. Triple Full Turn Right. Stomp. Hold 踢踏點, &前下沉回復, 右轉圈, 重踏, 候

1&2 Kick Right forward. Step ball of Right beside Left. Point Left toe out to Left side. Step Left beside Right.右

踢-併-點- 足前踢, 右足併踏, 左足趾左點, 左足併踏

收

&3-4 Rock forward on Right. Rock back on Left. 下沉 回復 右足前下沉, 左足後回復

5&6 Right triple step making Full turn Right on the spot, stepping Right. Left. Right. 定點小三步右轉圈-右, 左, 右

三步右轉 卷

7-8重踏 Stomp forward on Left. Hold. 左足重踏, 候

候