Rolling Down Under

拍數: 32

級數: Intermediate

編舞者: Ria Vos (NL) & Simon Ward (AUS) - May 2015

音樂: A Change Is Gonna Come - Wayne Brady : (Album: A Long Time Coming)

•	R-L, ¼ Turn R, Full Turn R, ½ Turn R with Sweep, Behind-Side, Cross Rock, Recover, Weave R ral Turn L Hitch
1-2-3	Step and Sway R to R Side, Sway L, ¼ Turn R Step Fwd on R (Start ½ Turn R)
4a	1/2 Turn R Step Back on L, 1/2 Turn R Step Fwd on R
5	1/2 Turn R Step Back on L Sweeping R Around from Front to Back
6a	Step R Behind L, Step L to L Side
7-8	Cross Rock R Over L, Recover on L
&a1	Step R to R Side, Cross L Over R, Step R to R Side and Spiral $\frac{1}{2}$ Turn L Hitching L
S2: Sway Back with	L-R, Cross, ¼ Turn L, ½ Turn L with Sweep, Cross Rock with Hitch, Back with Sweep, Sailor Ste Sweep
2-3	Step and Sway L to L Side, Sway R
4a	Cross L Over R, ¼ Turn L Step Back on R
5	¹ / ₂ Turn L Step Fwd on L Sweeping R Around from Back to Front
6a	Cross Rock R Over L, Hitch/Hook L Up Behind R Knee
7	Step Back on L Sweeping R Around from Front to Back
8&a	Step R Behind L, Step L to L Side, Step R to R Side
1	Step Back on L Sweeping R Around from Front to Back
	l with Point, 1/8 Turn R Step Fwd with Kick, Back, ½ Turn L, Step Fwd, 1/2 Turn L with Sway Fw gie Run Fwd L-R-L, Step with Hitch
2	Step R Behind L and almost at the same time Point L to L Side
3	Turn 1/8 R Step Fwd on L and almost at the same time Low Kick R foot Fwd (7:30)
4a5	Step Back on R, ½ Turn L Step Fwd, Step Fwd on R (1:30)
6-7	1⁄2 Turn L Sway Fwd, Sway Back (7:30)
8&a	Boogie Run with Small Steps Fwd L-R-L -Rolling Shoulders R-L-R
1	Step Fwd on R Rising Up on Toe -Hitching L Knee Up
	with 'Look', 3/8 Turn R, Step Fwd, ½ Turn L, ¼ Turn L, Cross, ¼ R, Step/Rock Back, Full Turn .
2	Point L to L Side –Turn Body & Head and 'Look' Sharply to L Side
3	Turn on R foot 3/8 Turn R Straightening Up to Face 12:00
4a5	Step Fwd on L, ¹ / ₂ Turn L Step Back on R, ¹ / ₄ Turn L Step L to L Side
6a7	Cross R Over L, ¼ Turn R Step Back on L, Step/Rock Back on R
8&a	Step Fwd on L, ½ Turn L Step Back on R, ½ Turn L Step Fwd on L (6:00)



牆數:2