Happy In Love



拍數: 64 編數: 2 級數: Easy Intermediate

編舞者: Frank Trace (USA) - June 2015

音樂: I Don't Like It, I Love It (feat. Robin Thicke & Verdine White) - Flo Rida



Dance has a 16 count intro. No Tags. No Restarts.

S1: "V" STEP, SHUFFLE FORWARD X2

Step R out diagonal right, step L out diagonal left, step R in, step L in Shuffle forward stepping R, L, R, Shuffle forward stepping L, R, L

S2: CROSS, BACK, BACK, CROSS, BACK, BACK, CROSS, BACK

1-4 Cross step R over L, step L back, step R back, cross L over R

5-8 Step R back, step L back, Cross R over L, step L back

S3: STEP TOUCHES RIGHT & 1/4 LEFT, TRIPLE RIGHT, ROCK BACK, RECOVER

1-4 Step R to side, touch L next to R, Step L ¼ turn left, touch R next to L (9:00)

5&6 7-8 Triple side right stepping R, L, R, Rock back on L, recover onto R

S4: EXTENDED WEAVE LEFT, TOUCH

1-8 Step L to side, step R behind L, step L to side, step R over L, step L to side, step R behind L,

step L to L side, touch R next to L

S5: MAMBO RIGHT, MAMBO LEFT, SHUFFLE FORWARD, SHUFFLE 1/2 TURN

1&2 Rock R to side, recover onto L, step R next to L
3&4 Rock L to side, recover onto R, step L next to R

5&6 Shuffle forward stepping R, L, R

7&8 Triple ½ turn right stepping L, R, L (3:00)

S6: SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER 1/4 RIGHT, SHUFFLE FORWARD

1-2 Rock R to side, recover onto L 3&4 Cross shuffle stepping R, L, R

5-6 Rock L to side, recover on R turning 1/4 turn right (6:00)

7&8 Shuffle forward stepping L, R, L

S7: TOUCH FORWARD, TOUCH SIDE, SAILOR ¼ TURN RIGHT, TOUCH FORWARD, TOUCH SIDE, SAILOR ¼ TURN LEFT

1-2 Touch R toe forward, touch R toe side
3&4 Sailor ¼ turn right stepping R, L, R (9:00)
5-6 Touch L toe forward, touch L toe side
7&8 Sailor ¼ turn left stepping L, R, L (6:00)

Option: You may do the above steps without the ¼ turns.

S8: ½ PIVOT LEFT, SHUFFLE FORWARD, ½ PIVOT RIGHT, SHUFFLE FORWARD

1-2 3&4 Step R forward, pivot ½ turn left, Shuffle forward stepping R, L, R (12:00) 5-6 7&8 Step L forward, pivot ½ right, Shuffle forward stepping L, R, L (6:00)

START AGAIN & SMILE

Last Update - 30th Sept 2015