

Swing

拍數: 32 牆數: 2 級數:
編舞者: Sue Wilson (NZ) - September 2012
音樂: Swing - Joni Harms : (CD: Cowgirl Dreams - iTunes)



[1 – 8] R Side, Together, Side, HOLD, L Rock, Recover, Side, HOLD

1 2 3 4 Step R Side, L Close beside R, Step R Side, HOLD

5 6 7 8 L Rock Back, Recover onto R, Step L Side, HOLD

[9 – 16] Weave R Behind, Side, Cross, HOLD, L Side, Pivot ¼ R, L Fwd HOLD

1 2 3 4 R Behind, L Side, R Across L, HOLD

5 6 7 8 Step L Side, Pivot ¼ R, Step L Fwd, HOLD

[17 – 24] R Side, Together, Side, HOLD, L Rock, Recover, ¼ R Back HOLD

1 2 3 4 Step R Side, L Close beside R, Step R Side, HOLD

5 6 7 8 L Rock Back, Recover onto R, ¼ R Turn Stepping Bck on L, HOLD

[25 – 32] Hip Sways Bck, Fwd, Bck, HOLD, Slide L Fwd, Tog, Fwd, HOLD

1 2 3 4 Step Back onto R and Sway Hips Bck, Fwd, Bck, HOLD

5 6 7 8 Step L Fwd, Slide R beside L, Step L Fwd, HOLD

Tags:- □

End of Wall 2: □ Sway Hips R HOLD, L HOLD □

End of Wall 4:

R Rock Fwd, Recover, R Rock Bck, Recover (rocking chair)

R Side, Recover, R Across, HOLD, L Side, Recover, L Across, HOLD

End of Wall 6: Sway Hips R HOLD, L HOLD

Restart : Wall 9 - Dance through to Count 24. Complete 4 Hip Sways and Restart

Tag End of Wall 10

1-4 Sway Hips – R, HOLD, L, HOLD

Finish: Wall 11 - Dance through to Count 24. R turning Shuffle R,L,R to face front

I know this seems like a lot of Tags and a Restart as well.

They all fit well with the music.

All the Tags are at the front wall. Couldn't be easier.

Enjoy and get in to the Swing of things

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