

Midnight Waltz (午夜華爾滋) (zh)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jo Thompson Szymanski (USA) - 1992年07月
音樂: Children - The Mavericks



第一段 Crossing Twinkle Step (Spiral) with 1/2 Turn Right. x 2. 右轉交叉華士步二次

- 1 - 2 Step left forward across right. Step right to right side.
左足於右足前交叉踏, 右足右踏
- 3 Step left to left side. (Turning body slightly left).
左足左踏(身體略向左轉)
- 4 - 5 Step right forward across left. Step left beside right making 1/4 turn right. 右足於左足前交叉踏, 右轉90度左足併踏
- 6 Step right 1/4 turn right and to right side.
右轉90度右足右踏
- 7 - 12 Repeat steps 1 - 6 重覆1-6

第二段 Cross Rocks & Left Grapevine. 交叉下沉 & 左藤步

- 13 - 15 Cross rock left over right. Rock back onto right. Step left to left side. 左足於右足前交叉下沉, 右足後下沉, 左足左踏
- 16 - 18 Cross rock right over left. Rock back onto left. Step right to right side. 右足於左足前交叉下沉, 左足後下沉, 右足右踏
- 19 - 21 Cross rock left over right. Rock back onto right. Step left to left side. 左足於右足前交叉下沉, 右足後下沉, 左足左踏
- 22 - 24 Cross right over left. Step left to left side. Cross right behind left. 右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏

Note: Steps 13 - 21 are frequently danced as twinkle steps although the dance was originally choreographed as above.
13-21可以華士步取代

第三段 Sways Left & Right. 左 & 右擺臀

- 25 - 27 Step left large step to left side. Slowly slide right beside left. 左足左一大步, 右足滑併踏
- 28 - 30 Step right large step to right side. Slowly slide left beside right. 右足右一大步, 左足滑併踏

第四段 Step Slow Kick & Back 1/2 Turn Left x 2. 輕踢踏 & 後左轉1/2二次

- 31 - 32 Step forward left. Slowly low kick right forward with pointed toe. 左足前踏, 右足前低踢足趾前點
- 33 Begin lowering right leg. 右腿?
- 34 - 35 Step back on right. Make 1/2 turn left, step forward onto left.
右足後踏, 左轉180度, 左足前踏
- 36 Step right beside left. 右足併踏
- 37 - 42 Repeat steps 31 - 36 重覆31-36

第五段 Twinkle 1/4 Turn Left, Basic Twinkle Back. 左轉1/4華士步, 後基本華士步

- 43 Step left diagonally forward to make 1/4 turn left.
左轉90度左足斜角線前踏

44 - 45 Step right beside left. Step left in place.
右足併踏, 左足踏

46 - 48 Step back right. Step left beside right. Step right in place.
右足後踏, 左足併踏, 右足踏
