Young and Crazy EZPZ



拍數: 16 牆數: 4 級數: Beginner

編舞者: Lynn Card (USA) & Mitzi Day (USA) - June 2015

音樂: Young & Crazy - Frankie Ballard



Dance starts on lyrics.

STEP R FORWARD PIVOT 1/2 L,TRIPLE R-L-R, STEP L FORWARD PIVOT 1/2 R,TRIPLE L-R-L.

1-2 Step r forward. Pivot 1/2 left.

3&4 Triple forward r-l-r.

5-6 Step left forward. Pivot 1/2 right.

7&8 Triple I-r-I.

TETERS- RIGHT SIDE THEN LEFT SIDE.WALK R-I. STEP FORWARD R AND 1/4 TURN TO LEFT.STEP ON LEFT.

1-2 Side rock right. Recover on left.

& Step right next to left and take weight on right.

3-4 Side rock left. Recover on right.

& Step left beside right foot taking weight on left.

5-6-7-8 Walk forward right, left, step forward on right and turn 1/4 to left. Step on left.(9:00)

*2 mandatory Restarts to keep dance going with music. (I heard that groan)

~1st RESTART

After dancing all four walls you are back to 12:00 during the first chorus. On the word "crazy" you restart. This is the first time he sings the word crazy. The restart is right after the teters. The songwriter dropped the last 4 cts of this particular phrase so we drop the last 4 cts of our 16 ct segment.

~2nd RESTART

Same scenario. You are facing 9:00. On the second chorus of the song when singer sings "crazy" you restart. Restarting right after the teters. An extra hint: this is second time "crazy" is in song.

Please feel free to contact me if any questions. thnx for checking dance out!

Contact: mitziandd@gmail.com