Mad World (瘋狂世界) (zh)

拍數: 32 **牆數:** 4 **級數:** Intermediate/Advanced

編舞者: Maurice Rowe (USA) - 2009年06月

音樂: Mad World - Adam Lambert

前奏： Intro: 16 counts, Weight on Left foot

第一段 **Side, Rock, Recover, Side, Rock, Recover, Quarter, Full Turn, Step**
側, 下沉回復, 側, 下沉回復, 1/4, 轉圈, 踏

1,2&3 Step R to right side while dragging L toward R, Rock L behind R, Recover forward on R, Step L to left side while dragging R toward L 右足右踏左足拖併, 左足於右足後下沉, 右足回復, 左足左踏右足拖併

4&5 Step R behind L, Recover forward on L, Make 1/4 turn right stepping forward on R 右足於左足後下沉, 左足回復, 右轉90度右足前踏

6&7 Make 1/2 turn right stepping back on L, Make 1/2 turn right stepping forward R, Step forward on L (3:00)
右轉180度左足後踏, 右轉180度右足前踏, 左足前踏(面向3點鐘)

第二段 **1/2 turn, Sweep, Sweep, Behind, Quarter, Full turn, Step, 1/2 turn, Step 1/2, 繞, 繞, 後, 1/4, 轉圈, 踏, 1/2, 踏**

&8&1 Make 1/2 turn right stepping forward on R, Make 1/4 turn right stepping L to left side, while stepping back on R sweep L behind R, Step L behind R while sweeping R behind L (12:00)
右轉180度右足前踏, 右轉90度左足左踏, 右足後踏左足繞至後, 左足於右足後踏右足繞至後(面向12點鐘)

2,3 Step R behind L, Make 1/4 turn left stepping forward on L
右足於左足後踏, 左轉90度左足前踏

4&5 Make 1/2 turn left stepping back on R, Make 1/2 turn left stepping forward on L, Step forward on R
左轉180度右足後踏, 左轉180度左足前踏, 右足前踏

Tag/Restart: DURING 4th wall do the FIRST 13 counts of the dance. Then make 1/4 turn right hitching left knee while spinning on ball of right foot. Then cross left over right placing weight on left. Then restart the dance from the top.
第四面牆跳完13拍後, 右轉90度左足抬, 左足於右足前交叉踏, 從頭起跳

6,7 Make 1/2 turn left stepping forward on L, Step forward on R (3:00)
左轉180度左足前踏, 右足前踏(面向3點鐘)

第三段 **Half, Half, 1/4 side, Behind, Quarter, Step, Half, Half, Back, Coaster Step 1/2, 1/2, 1/4側, 後, 1/4, 踏, 1/2, 1/2, 後, 海岸步**

8&1 Make 1/2 turn right stepping back on L, Make 1/2 right stepping forward on R, Make 1/4 turn right stepping L to left side dragging R towards L
右轉180度左足後踏, 右轉180度右足前踏, 右轉90度左足左踏右足拖併

2&3 Step R behind L, Make 1/4 turn left stepping forward on L, Step forward on R 右足於左足後踏, 左轉90度左足前踏, 右足前踏

4&5 Make 1/2 turn left stepping forward on L, Make 1/2 turn left stepping back on R, Step back on L
左轉180度左足前踏, 左轉180度右足後踏, 左足後踏

6&7 Step back on R, Step L next to R, Step forward on R (3:00)
右足後踏, 左足併踏, 右足前踏(面向3點鐘)

第四段 **1/2 Attitude Turn, Cross, Quarter, Half, Quarter, 3/4 Runaround, 1/4 Hitch, Cross Rock, Recover**
1/2, 交叉, 1/4, 1/2, 1/4, 3/4, 1/4抬, 交叉下沉回復

8,1 Make 1/2 attitude turn right hitching left knee spinning on ball of right foot, Cross L over R (9:00)
右轉180度左膝抬, 左足於右足前交叉踏(面向9點鐘)

2&3 Make 1/4 turn left stepping back on R, Make 1/2 turn left stepping forward L, Make 1/4 left stepping R to right side
左轉90度右足後踏, 左轉180度左足前踏, 左轉90度右足右踏

4&5	Make 1/4 turn left stepping forward on L, Step forward on R, Make 1/4 turn left stepping forward on L 左轉90度左足前踏, 右足前踏, 左轉90度左足前踏
&67	Step forward on R, Make 1/4 turn left stepping forward on L (12:00), Make 1/4 turn left hitching R spinning on ball of L foot 右足前踏, 左轉90度左足前踏(面向12點鐘), 左轉90度右足抬
8&	Cross rock R over L, Recover weight back on L (9:00) 右足於左足前交叉下沉, 左足回復