Shinin' Lady Luck

級數: Beginner

編舞者: Pat Esper (USA) - July 2015

音樂: Lady Luck (feat. Crucifix) - Moonshine Bandits

[1-8]: Right swing step, Rock, Recover, Left swing step, Rock, Recover 1&2 Step the right foot to the side, Step the left foot next to the right, Step the right foot to the side. 3-4 Rock the left foot behind the right. Recover onto the right foot. 5&6 Step the left foot to the side, Step the right foot next to the left, Step the left foot to the side. 7-8 Rock the right foot behind the right. Recover onto the left foot. [9-16]: Walk, Walk, Anchor step, Roll back*, Coaster step Step forward on the right foot. Step forward on the left foot. 1-2 3&4 Rock the right foot behind the left, Recover onto the left foot, Step slightly back on the right foot. 5-6 Turn a half turn over the left shoulder and step forward on the left foot. Pivot a half turn on the left foot over the left shoulder and step back on the right foot. (* Can substitute Step back on the left. Step back on the right if turning is difficult) Step back on the left foot, Step the right foot next to the left foot, Step forward on the left foot. 7&8 [17-24]: Sissy walk* forward (x4), Hip shimmy to the right 1-2 Step the right foot forward across the left. Step the left foot forward across the right. 3-4 Step the right foot forward across the left. Step the left foot forward across the right. (These are very tight steps. Don't step out large.)

- 5&6 Step the right foot to the side bumping the hips to the right, Bump the hips to the left, Bump the hips to the right.
- 7-8 Step the left foot next to the right. Hold or clap.

[25-32]: Hip shimmy to the left, Kick, Kick, Half turn (sweep), Hold

- 1&2 Step the left foot to the side bumping the hips to the left, Bump the hips to the right, Bump the hips to the left.
- 3-4 Step the right foot next to the left. Hold or clap.
- 5-6 Kick the right foot forward. Kick the right foot forward.
- 7-8 Sweep/swing the right foot around turning a half turn to the right. Touch the right foot next to the left.

Start again - No Tags. No Restarts

Contact: ptesper@gmail.com On Facebook at: The Redneck Revolution (of music and dance with Pat Esper)



拍數: 32

牆數:2