Ram It Down

拍數: 64

牆數: 2

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音樂: Your Wife is Cheatin on Both of Us - Jackson Rohm S1: GRAPEVINE RIGHT 1/4 TURN, SCUFF, TURN 1/4 RIGHT, STOMP UP, TURN 1/4 RIGHT, STOMP 1-2 Step Right To Right Side, Cross Left Behind Right Step Right 1/4 Turn Right, Scuff Left Beside Right 3-4 Turn 1/4 Right And Step Left To Left Side, Stomp Up Right Beside Left 5-6 7-8 Turn 1/4 Right And Step Right Forward, Stomp Left Beside Right S2: SWIVEL LEFT FOOT (TOE, HEEL, TOE), SCUFF, VAUDEVILLE LEFT & TURN 1/4 RIGHT 1-2 Swivel Left Foot To Left Side (Toe, Heel) 3-4 Swivel Left Toe To Left Side, Scuff Right Beside Left 5-6 Cross Right Over Left, Step Left Diagonally Back Left Touch Right Heel Diagonally Forward Right, Turn 1/4 Right And Drop Right Toe Taking 7-8 Weight S3: FULL TURN RIGHT FORWARD, POINT LEFT, STEP, KICK, STOMP 1-2 Turn 1/2 Right On Right And Step Back On Left Toe, Drop Left Heel 3-4 Turn 1/2 Right On Left And Step Forward On Right Toe, Drop Right Heel Taking Weight 5-6 Point Left Toe To Left Side, Step Left Over Right 7-8 Kick Right Forward, Stomp Right Forward S4: HEELS FAN. TURN 1/2 LEFT. HOLD. COASTER STEP LEFT. STOMP UP 1-2 Swivel Both Heels To Right, Return Heels To Centre 3-4 Swivel Both Heels To Right And Turn 1/2 Left, Hold Step Left Back, Step Right Beside Left 5-6 7-8 Step Left Forward, Stomp Up Right Beside Left S5: JUMPING SIDE KICK, CROSS, KICK (RIGHT, LEFT, RIGHT), CROSS, ROCK BACK LEFT 1-2 Jumping To Right And Kick Right Diagonally Forward, Cross Right Over Left 3-4 Jumping To Right And Kick Right Diagonally Forward, Kick Left Forward 5-6 Kick Right Forward, Cross Right Over Left 7-8 Jumping Rock Back On Left And Kick Right Forward, Return On Right S6: PIVOT 1/2 RIGHT, TURN 1/2 RIGHT, HOLD, ROCK BACK RIGHT, STOMP (TWICE) 1-2 Step Left Forward, Pivot 1/2 Turn Right 3-4 Turn 1/2 Right On Right And Step Left Back, Hold 5-6 Jumping Rock Back On Right And Kick Left Forward, Return On Left 7-8 Stomp Up Right Beside Left, Stomp Right Forward S7: TOUCH TOE, SCUFF, STEP, SCUFF, VAUDEVILLE LEFT 1-2 Touch Left Toe Diagonally Back, Scuff Left Beside Right 3-4 Step Left Over Right, Scuff Right Beside Left 5-6 Cross Right Over Left, Step Left Diagonally Back Left 7-8 Touch Right Heel Diagonally Forward, Step Right On Place (Weight On It) S8: KICK LEFT, HOOK, 2 KICK, JUMPING BACK & KICK, ROCK BACK RIGHT, SCUFF 1-2 Kick Left Forward, Hook Left Over Right 3-4 Kick Left Forward (Twice) 5-6 Jumping Back On Left And Kick Right Forward, Rock Back On Right And Kick Left Forward

級數: Intermediate

REPEAT

| FAG – 64 counts: performed after 6th repetition FS1: LOCK FORWARD RIGHT, SCUFF, TURN 1/4 RIGHT, STOMP, TURN 1/4 RIGHT, SCUFF | |
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| 1-2 | |
| | Step Right Forward, Lock Left Behind Right |
| 3-4 | Step Right Forward, Scuff Left Beside Right |
| 5-6 | Turn 1/4 Right And Step Left To Left Side, Stomp Up Right Beside Left |
| 7-8 | Turn 1/4 Right And Step Right Forward, Scuff Left Beside Right |
| TS2: LOCK FORWARD LEFT, SCUFF, ROCK FORWARD RIGHT, BACK, HOLD | |
| 1-2 | Step Left Forward, Lock Right Behind Left |
| 3-4 | Step Left Forward, Scuff Right Beside Left |
| 5-6 | Rock Forward On Right, Return Onto Left |
| 7-8 | Step Right Back, Hold |
| rs3: Scissor Left, Hold, Scissor Right, Hold | |
| 1-2 | Step Left To Diagonally Back Left, Step Right Beside Left |
| 3-4 | Cross Left Over Right, Hold |
| 5-6 | Step Right To Diagonally Back Right, Step Left Beside Right |
| 7-8 | Cross Right Over Left, Hold |
| rs4: FULL TURN RIGHT WITH TOES STRUT, ROCK BACK LEFT, STOMP (TWICE) | |
| 1-2 | Turn 1/2 Right On Right And Touch Left Toe Back, Drop Left Heel Taking Weight |
| 3-4 | Turn 1/2 Right And Touch Right Toe Forward, Drop Right Heel Taking Weight |
| 5-6 | Jumping Rock Back On Left And Kick Right Forward, Return Onto Right |
| 7-8 | Stomp Up Left Beside Right, Stomp Left Forward |
| TS5: TOE SWITCHES (LEAD RIGHT), MONTEREY 1/2 TURN RIGHT | |
| 1-2 | Touch Right Toe Forward, Step Right Beside Left |
| 3-4 | Touch Left Toe Forward, Step Left Beside Right |
| 5-6 | Point Right Toe To Right Side, Turn 1/2 Right On Left Stepping Right Beside Left |
| 7-8 | Point Left Toe To Left Side, Step Left Beside Right (Weight On It) |
| TS6: TOE SWITCHES (LEAD RIGHT), MONTEREY 1/2 TURN RIGHT | |
| 1-2 | Touch Right Toe Forward, Step Right Beside Left |
| 3-4 | Touch Left Toe Forward, Step Left Beside Right |
| 5-6 | Point Right Toe To Right Side, Turn 1/2 Right On Left Stepping Right Beside Left |
| 7-8 | Point Left Toe To Left Side, Step Left Beside Right |
| 197: STEPS () | UTSIDE, STEPS INSIDE BACK, KICK, CROSS & UNWIND 1/2 RIGHT, HOLD |
| 1-2 | Step Left Diagonally Forward Left, Step Right Diagonally Forward Right |
| 3-4 | Step Left Back To Centre, Step Right Back |
| 5- 4 5-6 | Kick Left Forward, Cross Left Over Right |
| 7-8 | Unwind 1/2 Turn Right, Hold |
| r - 0 | Oliwina 1/2 Tutti Nigiti, Floia |
| TS8: STOMP RIGHT, HOLD, HOLD, HOLD, STOMP LEFT, HOLD, STOMP RIGHT, HOLD | |
| 1-2-3-4 | Stomp Right To Right Side, Hold, Hold, Hold |
| 5-6-7-8 | Stomp Left To Left Side, Hold, Stomp Right Beside Left, Hold |