

Witness

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 1 級數: Phrased Advanced
編舞者: Fred Whitehouse (IRE) & Darren Bailey (UK) - July 2015
音樂: Witness (Stripped) - Daughtry



Intro – 16 Counts - Sequence – A, A, B, A, B, B2, A Restart, B, B2, B3, Ending

A Pattern – 32 counts

A1: Basic, ¼ sweep, full turn, step back x2, ¼ side step hold

- 1,2& Step RF to R, close LF behind R, cross RF over L
3,4& Make ¼ turn L stepping LF forward (sweeping RF from back to front) step RF forward, pivot ½ turn L placing weight on LF
5,6& Make ½ L touching RF beside L (pushing both hands up and out from face level), step RF back, step LF back, (styling on count 5 is a hold count rolling body back into counts 6&)
7,8 Make ¼ turn R stepping RF to R side as you also throw your R hand up towards the roof, hold (styling, look up toward R hand)

A2: ¼ turn, full turn, ½ turn sweep, sweep, step, ¼ turn, sway/look x2, ¼ piqué turn, full turn

- 1,2& Make ¼ turn R stepping LF forward (3.00) pivot ½ turn R placing weight on RF (9.00), ½ turn R stepping LF back (3.00)
3,4,5 Make ½ turn R onto RF sweeping LF from back to front, step LF forward sweeping RF from back to front, step RF forward (9.00)
6&7 Make ¼ turn L stepping LF to side swaying L; sway R (also look L,R) ¼ turn L stepping forward L hitching R knee (touch RF to L knee) (3.00)
8& Make ½ turn L stepping RF back, ½ turn L stepping LF forward

A3: ¼ side, weave, cross rock recover, side step, cross rock recover, step, push R hand, pull hand back, lift L hand

- 1,2& Make ¼ L stepping RF to R side (12.00) step LF behind R, step RF to R side
3,4& Cross rock LF over R, recover weight onto RF, step LF to L side,
5,6& Cross rock RF over L, recover weight onto LF, step RF to R side
7,8& Step LF to L side pushing R hand (palm in) across your body to the L side (also look to L) recover weight onto R pulling R hand back across face with open hand (your hand must be in front of face), lift LF hand beside R (both hands should now be in front of face with open hands, palms facing away)

A4: Sweeping ½ turn, weave, sweep, weave ¼ turn, spiral, step, ¼ turn into basic

- 1,2& Make ½ turn L placing weight on LF as you sweep RF (6.00) cross RF over LF, step LF to L side
3,4& Step RF behind L sweeping L from front to back, step LF behind R, ¼ turn R stepping RF forward
5,6,7 Step LF forward making full spiral R, step RF forward, make ¼ turn R stepping LF to L side
8& Close RF behind LF, cross LF over R (12.00)

B1 – 16 counts (Diamond)

Diamond fall away, arabesque ½ turn, 3/8 turn, ¼ turn, touch x2

- 1,2& Step RF to R side, make 1/8 turn L stepping LF back diagonal, step RF back diagonal
3,4& Make 1/8 turn L stepping LF to L (9.00) 1/8 L stepping RF forward, step LF forward (7.30)
5,6& Make ½ turn L lifting RF back (or touch RF back) step back on RF, make 3/8 turn L stepping LF forward
7,8 Make ¼ L touching RF to R side, touch RF over L (keep weight on LF) (6.00)

Diamond fall away, arabesque ½ turn, 3/8 turn, ¼ turn, touch x2

- 1,2& Step RF to R side, make 1/8 turn L stepping LF back diagonal, step RF back diagonal

- 3,4& Make 1/8 turn L stepping LF to L (3.00) 1/8 L stepping RF forward, step LF forward (1.30)
 5,6& Make ½ turn L lifting RF back (or touch RF back) step back on RF, make 3/8 turn L stepping LF forward
 7,8 Make ¼ L touching RF to R side, touch RF over L (keep weight on LF) (12.00)

B2 – 16 counts (Weight of the World)

Step, hitch, drop, step, hinge turn, basic L, hinge turn, full turn, walk x2, chase turn

- 1,2,3 Step RF to R side, step LF behind R (hitching R knee up) push R toe back bending L knee as you lower (R leg should extend back on the floor) and as you raise both arms to sides, dropping head (face 1.30)
 4,5 Pull R leg in as you recover to standing position and lower arms
 6 Step RF forward in diagonal (1.30)
 &7 Make 1/4 turn L stepping LF a small step forward, ½ L stepping RF back sweeping LF to side
 8&1 Step LF to L side (facing 4.30) cross RF over LF, step LF to L side,
 2&3 Close RF behind LF, cross LF over R, make ¾ turn L putting weight on RF (fan LF round same time as turn)
 4&5 Step LF forward, make ½ turn L stepping back R, make ½ turn L stepping LF forward (7.30)
 6,7 Walk forward R, L
 8& Step RF forward, pivot ½ turn L placing weight on LF (you will then turn 1/8 L to front wall to begin next sequence – either B3 or A)

B3 – 16 counts (Witness)

Basic, sway x2, basic, chase turn, REPEAT to other side

- 1,2& Make 1/8 turn L squaring up to 12.00 stepping RF to R side, close LF behind R, cross RF over L
 3,4 Step LF to L side with a sway, sway body to R placing weight on to RF,
 5,6& Step LF to L side, close RF behind LF, cross LF over R,
 7,8& Make ¼ turn R stepping RF forward, step LF forward, pivot ½ turn R placing weight on RF
 1,2& Make ¼ turn R stepping LF to L side, close RF behind L, cross LF over R (12.00)
 3,4 Step RF to R side with a sway, sway body to L placing weight on to LF,
 5,6& Step RF to R side, close LF behind RF, cross RF over L, ,
 7,8& Make ¼ turn L stepping LF forward, step RF forward, pivot ½ turn L placing weight on LF (you will then turn ¼ L to front wall to start next sequence - either A or B2)

Restart happens in section A after 8 counts: After you complete counts 6&7, sway weight back on to LF.

Ending: Do first 5 counts of B2

Sequence: when it says A, A, B, that means all the B sections together; if it says a number beside the B follow what it says on the sheet. The music tells you what to do.

Also refer to video.

We hope you enjoy this challenge.

Last Update – 23rd July 2015
