La Gozadera



拍數: 32 牆數: 4 級數: Improver

編舞者: Angels Guix (ES) - July 2015

音樂: La Gozadera (feat. Marc Anthony) - Gente de Zona : (CD Single)



[1-8] Four steps forward with shoulder shimmy, Side step cross, Side step cross with 1/4 turn right

1-4 Four steps forward with feet apart at shoulder width starting with RF. Add shoulder shimmies

and a little lean backward with the upper body during the steps.

5&6 Step RF to right, recover on LF, cross RF over LF

7&8 Step LF to left, recover on RF and ¼ turn right, step LF together

[9-16] Shuffle right, shuffle left, the V movement reverse

Step RF to right, step LF together, step RF to rightStep LF to left, step RF together, step LF to left

5-8 Step RF to right backward diagonal, step LF to left backward diagonal, step RF forward, step

LF together

[17-23] Four step touches travelling forward, rocking chair, step turn step

1&2& Step RF to right diagonally forward, touch LF together, step LF to left diagonally forward,

touch RF together

3&4 Step RF to right diagonally forward, touch LF together, step LF to left diagonally forward

Rock RF forward, recover on LF, rock RF backward, recover on LF Step RF forward, ½ turn right and step LF forward, step RF forward

[24-32] Touch side and bump x2, travelling pivot forward full turn, shuffle forward

Touch LF to left and bump left hip to left, step LF together

Touch RF to right and bump right hip to right, step RF together

Step LF forward and ½ turn left, step RF backward and ½ turn left

7&8 Step LF forward, step RF together, step LF forward

Start again

TAG: Add a Jazz Box after second and fifth repetitions

1-4 Cross RF over LF, step LF backward, step RF to right, step LF forward