

Dream

拍數: 32 牆數: 4 級數: Improver West Coast
編舞者: Lonnie Svenningsen (DK) - January 2015
音樂: Just a Dream - Nelly



(1-8) Step lock step, trippel full turn R, Mambo ½ turn, Mambostep.

1&2 Step forward on Rf, step Lf behind Rf, step forward Rf.
3&4 Make ½ R and step back on Lf, make ½ turn R and step forward on Rf, step forward on Lf
5&6 Rock forward on Rf, recover on Lf, make a ½ turn R and step forward on Rf
7&8 Rock forward on Lf, recover on Rf, step back on Lf

(9-16) L,R Vaudeville, Unwind full turn L with sweep, Sailor step

1&2& Cross Rf over Lf. Step Lf to L side, touch right heel diagonally R fwd, step Rf next to Lf
3&4 Cross Lf over Rf, step Rf to R side, touch left heel diagonally L Fwd
&5-6 Step Lf next to Rf, cross Rf over Lf, unwind full turn L and sweep Lf back
7&8 Cross Lf behind Rf, step Rf next to Lf. Step Lf to L.

*** Restart here on Walls 3 and 6**

(17-24) Coasterstep, Side mambo step forward, Rock step, Trippel turn ¾ R

1&2 Step Rf back, step Lf next to Rf, step forward Rf
3&4 Rock Lf to L side, recover on Rf, Step forward on Lf
5-6 Rock forward on Rf, Recover on Lf
7&8 Turn ½ R step Rf fwd, step Lf next to R, turn ¼ step Rf fwd

(25-32) Rock step, back step lock step, step back with sweep x2, back rock, ½turn with hitch

1-2 Rock fwd on Lf, recover on Rf
3&4 step back on Lf, step Rf next to LF, step back on Lf
5-6 Sweep Rf to the right and step back, sweep Lf to the left and step back
7&8 Rock back on Rf, recover on Lf, hitch right knee and turn ½ on Lf

Restart during wall 3 and 6 - dance the first 16 counts then begin again
