

You Make My Heart Go

COPPER KNOB
STEPPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Brenna Stith (USA) - July 2015
音樂: Sparks - Hilary Duff



#16 count intro

SHUFFLE FORWARD, ½ TURN PIVOT, SHUFFLE FORWARD, ¼ TURN PIVOT

- 1 & 2 Step R fwd, Step L next to R, Step R fwd
- 3 4 Step fwd on L, Make a ½ turn R placing weight on R
- 5 & 6 Step L fwd, Step R next to L, Step L fwd
- 7 8 Step fwd on R, Make a ¼ turn L placing weight on L

CROSS POINT X2, JAZZ SQUARE

- 1 2 Cross R over L, Point L to side
- 3 4 Cross L over R, Point R to side
- 5 6 7 8 Cross R over L, Step L back, Step R to side, Cross L over R

SIDE SHUFFLE, BACK ROCK RECOVER, SIDE SHUFFLE, BACK ROCK RECOVER

- 1 & 2 Step R to side, Step L next to R, Step R to side
- 3 4 Rock L behind R, Recover weight onto R
- 5 & 6 Step L to side, Step R next to L, Step L to side
- 7 8 Rock R behind L, Recover weight onto L

FWD HIP BUMPS X2, ROCKING CHAIR

- 1 & 2 Step R fwd as you bump R hip to the diagonal, Bring hip back to center, Place weight onto R
- 3 & 4 Step L fwd as you bump L hip to the diagonal, Bring hip back to center, Place weight onto L
- 5 6 7 8 Rock fwd on R, Recover weight back on L, Rock back on R, Recover weight fwd on L