My Cherie Amour

拍數: 96

級數: Phrased Easy Intermediate

編舞者: Gilbert Vianzon (USA) - July 2015

音樂: My Chérie Amour - Boney M.

This dance has 2 parts: PART A & PART B - SEQUENCE: ABABABABAB

Start after 8 counts PART A: 32 Counts Section A1: 16 counts Step, Cross, Chasse R, 1/2 turn , Step, Cross, Chasse L, Step, Cross, Chasse R 1/2 turn , Step, Cross ,Chasse L 1 - 2 Step R foot to side, cross L foot over R 3&4 Step R foot to side, step L foot together with R, R 1/4 turn stepping R foot forward 5 - 6 R 1/4 turn stepping L foot to side, cross R foot over L 7 & 8 L chasse (step L foot to side, step R foot together with L, step L foot to side) 9-10 Step R foot to side, cross L foot over R Step R foot to side, step L foot together with R, R 1/4 turn stepping R foot forward 11&12 13 - 14 Make another R 1/4 turn stepping L foot to side, cross R foot over L 15 & 16 L chasse (step L foot to L side, R foot together with L, step L foot to side)

Section A2: 16 Counts.

Hip Bumps & L 1/4 Turns

17 - 18	Step R to R side, make a R hip bump, pointing L toes diagonally out	
19 - 20	Step L to L side, making a L hip bump. 1/4 turn L as you point R toes diagonally out (0900)	
21 -22	Turning1/4 L (0600), step R to side, make R hip bump pointing L toes diagonally out	
23 -24	Step L to side, doing a L hip bump. point R toes diagonally out (0600)	
25 -26	Turn 1/4 L as you step R to side. Do R hip bump.Point L toes diagonally out (0300)	
27 -28	Step L to side, do a L hip bump,point R toes diagonally out (0300)	
29 30	1/4 turn L, stepping R to side. Do R hip bump, pointing L toes diagonally out (1200)	
31-32	Step L to side, do hip bump L, point R toes diagonally out.	

PART B: 64 COUNTS

Section B1: 8 Counts of Samba Bota Fogos, R & L

- 1-a-2 [R Samba] Step R across L, Step ball of L foot t o L .Step R in place
- 3-a-4 [L Samba] Step L across R. Step ball of R foot to R, Step L in place
- 5-a-6 Repeat steps 1-a-2
- 7-a-8 Repeat steps 3-a-4

Section B2: 8 Counts of Traveling Voltas, bota fogo break

- 1-a Step R across L,Step L toe to side (1200)
- 2-a Step R across L,Step L toe to L side
- 3-a Step R across L, Step L toe to L side
- 4 Step R across L
- 5-a 1/2 turn L (0600) stepping L across R, step R toe to R
- 6-a Step L across R,step R toe to R
- 7-a-8 Step L across R, step ball of R foot to R side ,rocking slightly to R, recover weight on L foot (Bota Fogo break)

Section B3: 8 Counts (Same steps as Section 1 - only now you are facing 0600)

Section B4: 8 Counts (Same steps as Section 2 - only now you are facing 0600 and will end up at 1200) Section B5: 8 Counts ...Forward, cross, back shuffles, forward, cross, back shuffles





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- 1-2 Step R foot forward, cross L foot over R foot,
- 3&4 Step R foot back, step L foot together with R, step R foot back
- 5-6 Step L foot forward, cross R over L
- 7&8 Step L foot back,step R foot together with L, step L foot back

Section B6: 8 Counts - Back shuffles R,L,R,L

- 1&2 Step R foot back, L foot together with R, step R foot back
- 3&4 Step L foot back, R foot together with L, step L foot back
- 5&6 Step R foot back, L foot together with R, step R foot back
- 7&8 Step L foot back, R foot together with L, step L foot back

Section B7: 8 Counts - Walk - Around...shuffles

- 1-2 1/4 turn R walk (R), walk (L) (0300)
- 3&41/4 turn R, R forward shuffle (0600)
- 5-6 1/4 turn R as you walk L, R ((0900)
- 7&8 1/4 Turn R as you do a L shuffle forward (1200)

Section: B8: 8 Counts..R Full Turn Cha Cha, Together...L Full Turn Cha Cha Together

- 1-4 1/4 turn R stepping R foot forward, 1/4 turn R stepping L foot to L side (0600), 1/2 turn R stepping R foot to R side (1200), bring L foot beside R
- 5-8 1/4 turn L stepping L foot forward, 1/4 turn L stepping R foot to side. Turn 1/2 L stepping L foot to L side, bring R foot beside L.

START OVER

ENDING: The dance will end @ 0600. After count 6 of Section 3 (Part B), cross L foot over R and make a 1/2 turn R to face 1200. The End.

Hope this helps. Enjoy

Step Sheet submitted by: Lee Pacaigue Contact: leepacaigue@hotmail.com

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