It's Amazing (太神奇了) (zh)

拍數: 32 **牆數:** 2 **級數:** Intermediate

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音樂: It's Amazing - Jem : (CD: Down to Earth)

前奏： Lead: 32 cts. 32拍後起跳

第一段 Walk, Walk, Sweep, Step-Back-1/2 Turn ~ Step, 1/2 Turn, Side-Together-Side 走, 走, 繞, 交叉 後轉, 踏 轉, 左追步

1-3 Step R forward; Step L forward; Sweep R in a ½ arch from center to forward 右足前踏, 左足前踏, 右足由中間繞轉180度至前面

4&5 Cross step R over left foot; Step L back; Turn ½ right stepping forward onto R (facing 6 o'clock) 右足於左足前交叉踏, 左足後踏, 右轉180度右足前踏

6-7 Step forward on L; Turn ½ right taking weight onto R (facing 12 o'clock) 左足前踏, 右轉180度重心在右足(面向12點鐘)

8&1 Step L side right; Close R next to L; Step L side right
左足左踏, 右足併踏, 左足左踏

Note: These last 3 steps, 8 & 1, can move slightly forward on the left diagonal 最後3拍8&1略向左斜角前踏

第二段 Step Forward, Forward Cross, Side-Cross-Side ~ Cross, Step Back, Back-Back-1/4 Left (Count 9 Start 12 Cts., That Will Take You 'Around The World') 踏, 交叉, 右 交叉 右, 交叉, 後, 後 後 1/4 (第2拍開始12拍會有環繞的感覺)

2-3 Step R forward; Step L forward crossing slightly in front of R
右足前踏, 左足前踏略於右足前交叉

4&5 Step R side right; Small step L in front of R; Step R side right
右足右踏, 左足略於右足前踏, 右足右踏

6-7 Step L in front of R; Step R back 左足於右足前交叉踏, 右足後踏

8&1 Step L back; Step R back; Turn ¼ left stepping L forward (facing 9 o'clock) 左足後踏, 右足後踏, 左轉90度左足前踏(面向9點鐘)

第三段 Step Forward, Forard Cross, Side-Cross-Side ~ Behind, Unwind, Mambo ¼ Right 踏 交叉, 右 交叉 右, 後 繞轉3/4, 曼波轉1/4

2-3 Step R forward; Step L forward crossing slightly in front of R
右足前踏, 左足略於右足前交叉踏

4&5 Step R side right; Step L in front of R; Step R side right
右足右踏, 左足於右足前交叉踏, 右足右踏

6-7 Step ball of L behind right; Unwind ¾ of a turn left talking weight onto L (facing 12 o'clock)
左足於右足後踏, 左轉270度重心在左足 (面向12點鐘)

8&1 Press forward onto R; Return weight to L in place; Turn ¼ right stepping R side right (facing 3 o'clock)
右足前壓, 重心在左足, 右轉90度右足右踏(面向3點鐘)

第四段 Step Sway Forward, Sway Back, Lock-Step-Forward ~ Rock Return, 1/4 Right Step Behind, Step In Place 踏擺臀, 擺臀, 前鎖步, 下沉 回復, 1/4後 踏

2-3 Step L forward, sway left hip forward; Return weight back to R, sway right hip back 左足前踏前擺臀, 右足回復後擺臀

Note:	The L hip sway starts by pushing off the R ball/foot onto the L and returns off the L ball/foot to the R hip sway 左擺臀時右足離地重心在左足, 左足離地時右擺臀
4&5	Step L forward; Step R next to left (or lock if you like); Step L forward 左足前踏, 右足併踏(或鎖步也可), 左足前踏
6-7	Rock forward onto R; Return weight to L in place 右足前下沉, 左足回復
8&	Turn ¼ right stepping ball of R behind L; Step L in place 右轉90度右足於左足後踏, 左足踏
Note:	The last two steps, 8 &, is the beginning of a sailor step ending with count 1 of the dance stepping forward 最後8&接續第1拍成為右轉90度的水手步, 繼續從頭起跳