One More Chance

級數: Low Intermediate

編舞者: Darren Bailey (UK) & Fred Whitehouse (IRE) - August 2015

音樂: One More Last Chance - Robert Mizzell

Intro: 32 counts (12 seconds)

拍數: 34

R Vine, Touch, Diagonal forward touches (L, R), L Vine, Touch, Diagonal back touches (R, L).	
1&2&	Step RF to R side, Cross LF behind RF, Step RF to R side, Touch LF next to RF
3&4&	Step LF to L diagonal, Touch RF next to LF, Step RF to R diagonal, Touch LF next to RF
	on wall 3 (Step Lf next to R instead of touch))
5&6& Step LF to L side, Cross RF behind LF, Step LF to L side, Touch RF next to LF	
7&8&	STep RF back to R diagonal, Touch LF next to RF, Step LF back to L diagonal, Touch RF
7000	next to LF
Chase 1/4 turn R, Chase turn 1/2 R, Full turn L, Mambo forward L, kick.	
1&2	Step RF to R side, close LF next to RF, Make a 1/4 turn R and step forward on RF
3&4	Step LF forward, Make a 1/2 pivot turn R, Step forward on LF
5&6	Make a 1/2 turn L and step back on RF, Make a 1/2 turn L and step forward on LF, Step forward on RF
7&8&	Rock forward on LF, Recover onto RF, Step back on LF, Kick RF slightly forward.
Back, Kick L, Back, Kick R, R Coaster step, Scuff, Shuffle forward L, 1/4 turn pivot L, Cross, 1/4 turn R Hitch.	
1&2&	Step back on RF, Kick LF slightly forward, Step back on LF, Kick RF slightly forward
3&4&	Step back on RF, Close LF next to RF, Step forward on RF, Scuff LF forward
5&6	Step LF forward, Close RF next to LF, Step forward on LF
7&8&	Step forward on RF, Make a 1/4 pivot turn L, Cross RF over LF, Make a 1/4 turn R hitching L knee
Step, 1/4 turn R Hitch, Step, 1/4 turn R Hitch, Shuffle forward L, Toe, Heel, Step x2 (R,L), Out, Out.	
1&2&	Step LF back, Make a 1/4 turn R hitching R knee, Step RF to R side, Make a 1/4 turn R hitching L knee
3&4	Step LF forward, Close Rf next to LF, Step LF forward
5&6&	Touch R toe in, Touch R heel in, Step slightly forward on RF, Touch L toe in
7&8&	Touch L heel in, Step slightly forward on LF, Step RF to R diagonal, Step LF to L diagonal
In, In, Stomp x2 R	
1&2&	Step back and in with RF, Step back and in with LF, Stomp RF next to LF x2
Restart: After 4& count on Wall 3.	
Hope you enjoy this great music, and just have fun!	





牆數:4