Cadillac Strut

拍數: 32

級數: Absolute Beginner

編舞者: Susanne Oates (UK) - August 2015

音樂: Guitars, Cadillacs - Dwight Yoakam

#8 Count introduction from strong beat. (171 BPM)

ALTERNATIVE TRACKS: -

- "Rockin' Robin" by Bryan White or The Jackson 5
- " Gambling Man" by The Overtones and an easy floor split for
- " J'ai du Boogie" by Scooter Lee

JAZZ BOX WITH HOLDS

- 1 2 Step right over left. Hold.
- 3 4 Step back on left. Hold
- 5 6 Step right to right side. Hold.
- 7 8 Step left beside right. Hold with a clap.

(Option: Jazz Box with toe struts. The step/holds from 1-6 may be replaced with toe struts)

RAMBLE RIGHT, HOLD & CLAP, RAMBLE LEFT, HOLD & CLAP.

- 9 10 Swivel heels right. Swivel toes right.
- 11 12 Swivel heels right. Hold with a clap.
- 13 14 Swivel heels left. Swivel toes left.
- 15 16 Swivel heels left. Hold with a clap.

TOE STRUTS BACK X4

- 17 18 Touch right toe back. Drop right heel to place.
- 19 20 Touch left toe back. Drop left heel to place.
- 21 22 Touch right toe back. Drop right heel to place.
- 23 24 Touch left toe back. Drop left heel to place.

SLOW SHUFFLE, SCUFF, SLOW SHUFFLE, HITCH ¼ LEFT TURN.

- 25 26 Step forward on right. Step left beside right.
- 27 28 Step forward on right. Scuff left forward.
- 29 30 Step forward on left. Step right beside left.
- 31 32 Step forward on left. Hitch right knee turning a ¼ left on ball of left.

START AGAIN





牆數:4