

# Twist & Turns

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Maddison Glover (AUS) - August 2015  
音樂: Tomorrow Never Comes - Zac Brown Band : (Album: Jekyll + Hyde - iTunes - 3:59)



Begin dance after count 16 (on vocals)

## S1: Side, Hold, Behind & Cross, Side, Replace, Cross Shuffle

1,2,3&4      Large step R to R side, hold (drag L towards R), step L behind R, step R to R, cross L over R  
5,6,7&8      Rock R to R side, replace weight onto L, cross R over L, step L to L side, cross R over L  
12:00

## S2: ½ Hinge Turn, Lock Shuffle Fwd (diagonal), Fwd, Hitch, Coaster

1,2,3&4      Turn ¼ R stepping back on L, turn ¼ R stepping R to R side, turn 1/8 R stepping L fwd, lock R behind L, step L fwd 7:30  
5,6,7&8      Step R fwd, hitch L knee up, step L back, step R together, step L fwd (still facing diagonal) 7:30

## S3: Rocking Chair, Rock Fwd, Rock Back, Full Turn

1,2,3,4      Rock fwd on R, replace weight back onto L, rock back on R (look back over R shoulder), rock fwd onto L 7:30  
5,6,7,8      Rock fwd onto R, rock back onto L, make ½ turn R stepping fwd onto R. 1:30 , Make ½ turn R stepping back on L 7:30

## S4: ½ Shuffle Fwd, Side Rock, Replace (square up), Cross, Hold, Side, Behind, ¼ Fwd

1&2      Make ½ turn R stepping R fwd, step L together, step R fwd,  
3,4      Turn 1/8 R rocking L to L side, replace weight onto R 3:00  
5,6&7,8      Cross L over R, hold, step R to R side, cross L behind R, turn ¼ R stepping fwd on R 6:00

## S5: Rock Fwd, Back, Coaster, Rock Fwd, Rock Back, ½ Shuffle Fwd

1,2,3&4      Rock L fwd, rock back onto R, step L back, step R together, step L fwd  
(3rd Restart occurs here)  
5,6,7&8      Rock R fwd, rock back onto L, make ½ turn R stepping R fwd, step L together, step R fwd  
12:00

## S6: ½ Turn Walking Back x2, Coaster Cross, 2x Travelling Kick-Ball Crosses

1,2,3&4      Make ½ turn R stepping back on L, step back on R, step back on L, step R together, Cross L over R 6:00  
5,&6      Kick R fwd onto R diagonal, step R slightly to R, cross L over R  
(1st,2nd & 4th Restarts occur here)  
7&8      Kick R fwd onto R diagonal, step R slightly to R, cross L over R 6:00

## S7: Side, ½ Sweep, Behind and Cross, Side, Replace, Cross, Side Rock

1,2      Step R to R, start sweeping L around anti-clockwise as you make ½ turn L 12:00  
3&4      Step L slightly behind R, step R to R side, cross L over R  
5,6,7,8      (the following four counts are completed whilst travelling fwd) Rock R to R side, replace weight onto L, cross R over L, rock L to L side 12:00

## S8: Replace, Cross, ½ Hinge Turn, Diagonal Fwd, Kick, Coaster Cross

1,2,3,4      Replace weight onto R, cross L over R, turn ¼ L stepping back on R, turn ¼ L stepping L to L, 6:00  
5,6      Turn 1/8 L stepping R fwd, kick L fwd 4:30  
7&8      step back on L, turn 1/8 R to square up stepping R to R, Cross L over R 6:00

Sequence: 46, 46, 64, 64, 36, 46, 64, 64

- (1) During the first sequence, begin facing 12:00, restart after count 46 facing 6:00
- (2) During the second sequence, begin facing 6:00, restart after count 46 facing 12:00
- (3) During the fifth sequence, begin facing 12:00, restart after count 36 facing 6:00
- (4) During the sixth sequence, begin facing 6:00, restart after count 46 facing 12:00

Finish: Dance to count 18, ' rock fwd on R, back on L' make 3/8 turn to front stomping R forward.  
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Thankyou to my big brother Dion for recommending the track xx

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