

Smile

拍數: 48 牆數: 2 級數: Easy Intermediate Contra
編舞者: Jessica Wegmann (CH) & Bonnie Boudineau - June 2015
音樂: You're Never Fully Dressed Without a Smile - Sia : (Album: Annie OST - iTunes)



OR: Without A Smile or Not Fully Dressed or Fully Dressed or High-Five ... or ...

Intro : 8 counts, dance begins on vocal « Hey, America ».

Start - 2 lines begin facing each other.

[1-9] □ Hitch, Triple Side, Lock Step Fwd, ¼ Triple Side, Samba ¼ Turn

- 1 Hitch R knee
- 2&3 Step R to right side, Close L to R, Step R to right side
- 4&5 Step L forward, Lock R behind L, Step L forward (crossing with your partner)
- 6&7 ¼ turn right stepping R to right side, Close L to R, Step R to right side
- 8&1 Step L forward, ¼ turn right Rocking R to right side, Recover onto L

[10-17] □ Samba Fwd, Samba Fwd, Sit Back, Roll Up, Sit Back, Roll Up With Flick

(You will move forward towards your partner but not crossing lines on 2&3, 4&5.)

- 2&3 Cross R over, Rock L to side, Recover onto R (moving forward, body angles to right diagonal)
- 4&5 Cross L over, Rock R to side, Recover onto L (moving forward, body angles to left diagonal)
- 6&6&7 (Staying angled to left diagonal) Body Roll back and down to sit on R leg, Roll up again onto L
- 8&8&1 Body Roll back and down to sit on R leg, Roll up onto L & Flick R foot straight behind

[18-24] □ Jazz Box ¼, Triple Forward, Triple ½ Turn

- 2-3-4 Cross R over, Step L back starting ¼ turn right, Step R to right completing ¼ turn right (facing to right diagonal ready to cross with your partner on the diagonal)
- 5&6 Step L forward, Lock R behind, Step L forward (crossing with partner)
- 7&8 ¼ turn left Stepping R to right side, Cross L closely over R, ¼ turn left Stepping back on R

[25-32] □ Coaster Step, Kick-Ball-Touch, Knee Pops, Step

- 1&2 (Staying on diagonal) Step L back, Step R together, Step L forward
- 3&4 Kick R forward, Step R next to L, Touch L forward with L knee slightly bent (weight on R)
- 5-6&7 (Weight on both feet) Pop R knee (5), Pop L knee (6), Pop R knee (&), Pop L knee (7)
- 8 Step L forward

[33-40] □ Dorothy Steps x2 Squaring Up 1/8 Turn, Side Rock & Side Rock &

(You will be moving diagonally forward in the direction of your partner until the 2 lines merge into 1 line, all partners facing each other)

- 1-2& Step R forward slightly diagonal right, Lock L behind, Step R next to L
- 3-4& Step L forward slightly diagonal left, Lock R behind, Step L next to R
- 5-6& 1/8 turn right (squaring up to face partner) Rock R to right side, Recover onto L, Close R to L
- 7-8& Rock L to left side, Recover onto R, Close L to R

[41-48] □ Body Roll, Recover, High-Five, Cross, ¼, Back Rock

- 1-2 Touch to right side starting Body Roll from shoulders down to hips, Finish Body Roll sitting on R
- (body is angled to left diagonal)
- 3-4 Recover onto L, Slap R hand of partner (high-five) at shoulder level
 - 5-6 Cross R (passing partner by your R shoulder), ¼ turn right stepping L back (facing partner)

7-8 Rock R back, Recover onto L

SMILE and begin the dance again

Contact: jessica.wegmann.k@gmail.com
