# Mind It



拍數: 32

**級數:** Beginner Plus

編舞者: Lisa Strong (CAN) & Ember Schira (CAN) - August 2015

牆數:4

音樂: A Doodlin' Song - Peggy Lee

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## Intro: 48 counts

# Point Right, Cross Over, Point Left, Cross Over, Point Right, Cross Behind, Point Left, Step Forward

- 1-2 Point R to R side, Cross Step R over L
- 3-4 Point L to L side, Cross step L over R
- 5-6 Point R to R side, Cross step R behind L
- 7-8 Point L to L side, Step L forward

# Rocking Chair, ¼ Pivot Left, ¼ Paddle Turn, ¼ Paddle Turn

- 1-2 Step R forward, Rock back onto L
- 3-4 Step R back, Rock forward onto L
- 5-6 Step R Forward, Turn ¼ L as you step to L side
- &7&8 ¼ Paddle turn L, ¼ Paddle turn L

# Forward, Kick, Back, Toe, Forward, Scuffle \*

#### (\*Scuffle - a scuff followed by a shuffle)

- 1-2 Step R forward, Kick L forward
- 3-4 Step L back, Point R toe back
- 5-6 Step R forward, Scuff L
- 7&8 Shuffle forward LRL

### Cross shuffle, Back, Back, Cross Shuffle, Side, Turn 1/2 Left

- 1&2 Cross shuffle RLR
- 4-5 Step L back, Step R back
- 5&6 Cross shuffle LRL
- 7-8 Step R to R side, Turning ½ L step to L side.

### Repeat

Lisa Strong: lstrong@uniserve.com - www.linedancecentral.ca Ember Schira: stepnscuff @shaw.ca Submitted by : Sally Magnussen - rmmagnussen@yahoo.com