Xiao Shui Guo

拍數: 96

級數: Advanced Beginner

編舞者: Melvin Tan (MY) - August 2015

音樂: Xiao Shui Guo by Chopsticks Brother

牆數:2

Dance starts at the beginning of music Sequence of Dance: TAG AA BB TAG AA BBB TAG

TAG (32 counts)

Keep knees flexed and transfer weight from side to side with each beat of music, let the hips sway side to side with heel movements. Step on RF first

- 1,2 Hands Movement : Right hand Out Forward, Left hand Out Outward
- 3,4 Hands Movement : Right hand behind right ear, Left hand behind left ear
- 5.6 Hands Movement : Right hand at right hip, Left hand at left hip
- 7,8 Hip Roll anti-clockwise, Turn1/4 L & Jump (9:00)

Repeat another 3 sets until you face front wall (12:00) again.

PART A (32 counts)

SECTION A1 : R HEEL TOUCHES, BEHIND SIDE CROSS, SIDE STEP, TOGETHER, L SIDE CHASSE WITH ¼ L TURN

- 1,2 Touch R heel forward twice
- 3&4 Step RF behind LF, Step LF to side, Cross RF over LF
- 5.6 Step LF to side, Step RF together
- 7&8 Step LF to side, Step RF together, Turn1/4 L & Step LF forward (9:00)

SECTION A2 : R STEP FORWARD, ¼ L TURN, R CROSS & CROSS, STEP SIDE, ½ R TURN STEP, L **CROSS & CROSS**

- Step RF forward, Turn 1/4 L & Transfer to LF (6:00) 1.2
- 3&4 Cross RF over LF, Step LF behind RF, Cross RF over LF
- Step LF to side, Turn 1/2 R & Step RF to side (12:00) 5.6
- Cross LF over RF, Step RF behind LF, Cross LF over RF 7&8

SECTION A3 : R SIDE ROCK , RECOVER, BEHIND SIDE CROSS, L SIDE ROCK RECOVER, BEHIND SIDE CROSS

- 1,2 Rock RF to side, Recover on LF
- 3&4 Step RF behind LF, Step LF to side, Cross RF over LF
- 5.6 Rock LF to side, Recover on RF
- 7&8 Step LF behind RF, Step RF to side, Cross LF over RF (12:00)

SECTION A4 : R JAZZ BOX WITH ¼ R TURN TWICE

- Cross RF over LF, Step LF back 1.2
- 3.4 Turn ¼ R & Step RF to side, Step LF together (3:00)
- 5,6 Repeat Steps 1,2
- 7.8 Repeat Steps 3,4 (6:00)

PART B (32 counts) (12:00)

SECTION B1 : Bounce on both heels with hands movement

Bounce gently with both heels throughout this section, heel down at count 1

- 1.2.3.4 Place both hands behind at waist
- 5,6,7,8 Bring both hands in front of chest and make 4 circles clock-wise

SECTION B2 : Bounce on both heels with hands movement



Bounce gently with both heels throughout this section, heel down at count 1

- 1,2,3,4 Place both hands behind at waist
- 5,6,7,8 Left hand at left hip while raise Right hand do a thumb up and gesturing to ownself.

SECTION B3 : Galloping Movement with Hands Movement

- 1& Turn ¼ R & Step RF forward & Lift LF back,
 Step LF behind RF & Lift R knee
- 2& Repeat Steps 1&
- 3& Repeat Steps 1&,
- 4 Step RF forward
- 5& Turn ½ L & Step RF forward & Lift RF back
- 6& Repeat Steps 5&
- 7& Repeat Steps 5&
- 8 Step LF forward

SECTION B4 : R STEP, TOUCH, L STEP, TOUCH, HEEL TOUCH, STEP, HEEL, HOLD

- 1,2 Turn ¼ R & Step RF to side, Touch LF beside RF
- 3,4 Step LF to side, Touch RF beside LF
- 5,6 Touch R heel forward, Step RF beside LF
- 7,8 Touch L heel forward, Hold (Styling : R hand at hip, L hand do a thumb up gesturing to ownself)