Never Been

拍數: 48

級數: Beginner

編舞者: Forty Arroyo (USA) - August 2015

音樂: Never Been to Spain - The No Refund Band

Dedicated to ALL my senior Dancers

Dance starts on the word 'SPAIN'

Inspired by the Intermediate dance NEVER BEEN TO SPAIN by Jo Thompson-Szymanski **portions of footwork combinations borrowed from JO's dance. Alternate Track (Faster Tempo - Cha rhythm) Beyond Here Lies Nothin' by Bob Dylan

[1-8] WALK R, L , MAMBO, BACK, TOUCH, BACK, TOUCH

- 1,2 Step forward R, Step forward L**
- 3&4 Rock forward on R, Recover weight on L, Step slightly back on R**
- 5-6 Step back on L left diagonal; Slide and touch R next to L
- 7-8 Step back on R right diagonal, Slide & touch L next to R

[9-16] BACK L, R, COASTER STEP, FORWARD, TOUCH, FORWARD, TOUCH

- 1,2 Step back L, Step back R
- 3&4 Step back on L, Step R next to L, Step forward on L
- 5-6 Step forward on R right diagonal; Slide and touch L next to R
- 7-8 Step forward on L left diagonal, Slide & touch R next to L

[17-24]VINE R, VINE L TURNING ¼ RIGHT

- 1-4 Step R to side, Step L behind R, Step R to side, Touch L next to R
- 5-8 Making ¼ turn to right Step L to side, Step R behind L, Step L to side, Touch R next to L

[25-32] VINE R, VINE L TURNING ¼ RIGHT (repeat cts 17-24)

- 1-4 Step R to side, Step L behind R, Step R to side, Touch L next to R
- 5-8 Making ¼ turn to right Step L to side, Step R behind L, Step L to side, Touch R next to L

[33-40]TOE-HEEL STRUTS – R & L, SIDE, CLOSE, CROSS, HOLD (SCISSOR STEP)

- 1-4 Touch R toe to R, Drop R heel, Touch L toe in front of R, Drop L heel**
- 5-7 Step R slightly forward right diagonal (facing 5 O'clock), Step L next to R, Cross R over L
 8 Hold

[41-48] TOE-HEEL STRUTS** – L& R, BIG STEP TO L, DRAG R (2 cts), HOLD

- 1-4 Touch L toe to L, Drop L heel, Touch R toe in front of L, Drop R heel**
- 5-8 BIG STEP to left squaring off to 6 O'clock(5), Drag R next to L for cts (6,7), HOLD or Hitch(8)

START OVER - ENJOY

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Sheet updated 11/17/15 Site Updated – 19th Dec. 2015





牆數:2