Party Swing

拍數: 32

級數: Beginner

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音樂: We're Gonna Party - The Weather Girls

Section 1 : Diagonal shuffle to the right - Diagonal shuffle to the left - Jazzbox

- 1 & 2 Step RF diagonal forward to right, Step LF close behind RF, Step RF diagonal forward to right. (Sway right arm round as a lasso)
- 3 & 4 Step LF diagonal forward to left, Step RF close behind LF, Step LF diagonal forward to left , (Sway right arm round as a lasso)
- 5 6 Cross RF over LF, Step LF back
- 7 8 Step RF to the side, Cross LF over RF

Section 2 : Step diagonal to right - touch - shake shoulders - Step diagonal to left - touch - shake shoulders

- 1 2 Step RF diagonal forward , touch L toe next RF
- 3&4& Push Right shoulder forward , push right shoulder back 2 X
- 5 6 Step LF diagonal forward , touch R toe next LF
- 7&8& Push left shoulder forward , Push left shoulder back 2 X

Section 3 : Kick RF forward - kick RF to the side - Coasterstep right - Kick LF forward - Kick LF to the side - Coasterstep left 1/4 turn to left

- 1 2 Kick RF forward , Kick RF to the right side
- 3 & 4 Step RF back , Step LF next RF , Step RF forward
- 5 6 Kick LF forward , Kick LF to the left side
- 7 & 8 Turn 1/4 to the left and step LF back , Step RF next LF , Step LF forward

Section 4 : Step RF diagonal forward - Touch + clap - Step LF diagonal back - Touch + clap - Step RF diagonal back - touch + clap - Step LF diagonal forward - Touch + clap

- 1 2 Step RF diagonal right forward , touch L toe next RF and clap hands high at the same time
- 3 4 Step LF diagonal left back , touch R toe next left and clap hands low at the same time
- 5 6 Step RF diagonal right back , touch L toe next RF and clap hands low at the same time
- 7 8 Step LF diagonal left forward , touch R toe next LF and clap hands high at the same time

Start over

Restart 1 : Dance wall 5 section 1 & 2 and start over (face 12 o clock)

Restart 2 : Dance wall 11 section 1 & 2 and start over (face 9 o clock)





牆數:4