Shine



編舞者: Annemaree Sleeth (AUS) - September 2015 音樂: Shine - Years & Years: (Album: Communion)



Note to teachers: I have quickened my own music by +5%

OR you can use version Danny L Hearle Remix version which is even quicker

Intro from Heavy Beat is 16 start just before "I Remember " - Dance Rotates CCW

SECT 1 [1 – 8] STOMP R SIDE, HOLD, & SIDE, TOUCH, STOMP L SIDE, HOLD, &L SIDE, TOUCH 1 – 2 Step Big Step/Stomp R Side, Hold (Hands from crossed in front to sides on Stomps) 8 3 4 Step L Together, Step R Side. Touch L Together 5 – 6 Step Big Step/Stomp L Side, Hold 8 7 8 Step L Side, Touch L Together (Snap Fingers on Touches) SECT 2 [9 – 16] R CROSS SAMBA, L CROSS SAMBA, ROCK R, RECOVER ¾ TRIPLE R

1 & 2 Cross R Over L, Rock L Side, Recover R (Arms out to sides on Cross Sambas)

3 & 4 Cross L Over R, Rock R Side, Recover L * Change step for Restart)

5 – 6 Rock R Forward, Recover L 7 & 8 % turn R triple, R, L, R (9.00)

Tag & Restart happens on 5th wall & 14th wall f 12.00 Dance 12 counts Dance Tag: R Cross Samba, L Cross, Touch R then Restart to front again

Details on End Of Sheet

SECT 3 [17 – 24] LSIDE, RECOVER, L CROSS SHUFFLE, R SIDE, RECOVER, R CROSS SHUFFLE (Travelling Forward)

| 1 – 2 | Rock L Side, Recover R |
|-------|---|
| 3 & 4 | Cross L Over R, Step R Side, Cross L Over R |
| 5 – 6 | Rock R Side, Recover R |
| 7 & 8 | Cross R Over R, Step L Side, Cross R Over R |

SECT 4 [25 – 32] L SIDE, RECOVER, L BACK SAILOR, R BACK SAILOR (SAILORS TRAVEL BACK) TOE $\frac{1}{2}$ UNWIND

| 1 – 2 | Rock L Side, Recover R |
|-------|---|
| 3 & 4 | Step L Back Behind R, Step R Side, Step L Side |
| 5 & 6 | Step R Back Behind L, Step L Side, Step R Side |
| 7 – 8 | Touch Toe L Back Behind R, 1/2 unwind L, Drop L Heel 3.00 |

NOTE: Tag & Restart on 5th & 14th wall will look like this (Alter Section 2)

SECT 2 [9 - 16] R CROSS SAMBA, L CROSS SAMBA,

1 & 2 Cross R Over L, Rock L Side, Recover R (Arms out to sides on Cross Sambas)

3 & 4 Cross L Over R, Rock R Side, Recover L * Change step for Restart)

TAG R CROSS SAMBA, L CROSS TOUCH

5 & 6 Cross R Over L, Rock L Side, Recover R

7 – 8 Cross L Over R, Touch R Together, Stomp R Side to end drag L up to R Arms In The Air

Contact - Email: inlinedancing@gmail.com - Website www:inlinedancing.webs.com