

I Am Who I Am

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: High Intermediate
編舞者: Julia Wetzel (USA) - August 2015
音樂: I Am Who I Am - Lara Fabian : (Album: Lara Fabian)



Intro: 16 counts from start of heavy beat (approx. 20 seconds into track)

Note: -

When starting from 12:00 (Wall 1,3,5) - do 48 counts.

When starting from 6:00 (Wall 2,4) - do 40 counts. After Wall 5, do only 32 counts

Sequence: 48, 40, 48, 40, 48, 32, 32,...

[1 – 8] □ Out, Out, Knee In, Knee Out, Drag, ¼ Hitch, Step, Rock, Diag. Back, Touch □

- &1&2 Step R to right side (&), Step L to left side (1), Swivel R knee in (&), Swivel R knee out (2) □ 12:00
- 3, 4 Place weight on R drag L to R (3), ¼ Turn left on ball of R and hitch L into a figure 4 (4) □ 9:00
- 5, 6&7 Step L fw (5), Rock R fw (6), Recover on L (&), Step R back to right side (right diag.) (7) □ 9:00
- 8 Touch L next to R (8) □ 9:00

[9 – 16] □ Kick, Ball, Cross, ¼, ½ Out, Out, Shoulders R & L, Hip Roll, Touch □

- 1&2 Kick L fw (1), Step ball of L next to R (&), Cross R over L (2) □ 9:00
- 3&4 ¼ Turn right stepping back on L (3), ½ Turn right step R to right side (&), Step L to left side (4) □ 6:00
- 5, 6 Push shoulder to right side (5), Push shoulder to left side (6) □ 6:00
- 7, 8 Roll hip in a CCW circle over 2 counts ending with weight on L and R touching next to L (7-8)

Styling: On count 8, lower body slightly by bending both knees □ 6:00

[17 – 24] □ Back, Together, Step, ¼ Point & Point, Cross behind, ½ Unwind, ½ Shuffle □

- &1, 2 Step back on ball of R (&), Step L next to R and rise up on balls of both feet (1), Step fw on R normally (2) □ 6:00
- 3&4 ¼ Turn right and point L to left side (3), Step L next to R (&), Point R to right side (4) □ 9:00
- 5, 6 Cross R behind L (5), Unwind ½ turn right ending with weight on R (6) □ 3:00
- 7&8 ¼ Turn right step L to left side (7), Step R next to L (&), ¼ Turn right stepping back on L (8) □ 9:00

[25 – 32] □ ¼, ¼ Modified NC Basic L, R, L, ¼, ½ □

- &1 ¼ Turn right step fw on R (&), ¼ Turn right stepping back on L to left side (left diag.) (1)
- Styling: Allow your body to face the diag. as you step back on the diag. for these "Modified NC Basics" □ 3:00
- 2&3 Close R behind L (2), Cross L over R (&), Step R back to right side (right diag.) (3) □ 3:00
- 4&5 Close L behind R (4), Cross R over L (&), Step L back to left side (left diag.) (5) □ 3:00
- 6&7 Close R behind L (6), Cross L over R (&), ¼ Turn left stepping back on R (7) □ 12:00
- 8 ½ Turn left step fw on L (8) □ 6:00

*Restart after here on Wall 6 & 7 □

[33 - 40] □ Shuffle, Step, Locking Step, Step, ½ Pivot, Walk, Walk □

- &1, 2 Step R next to L (&), Step L fw (1), Step R fw (2) □ 6:00
- 3&4 Step L fw (3), Lock R behind L (&), Step L fw (4) □ 6:00
- 5 - 8 Step R fw (5), Pivot ½ turn left stepping fw on L (6), Step R fw (7), Step L fw (8) □ 12:00

*Restart after here on Wall 2 & 4, do ½ turn left to start Wall 3 & 5 at 12:00 □

[41 - 48] □ ½ Out, Out, Arms (Cross & Open), ¼ Sweep, Cross, ¼, Together, Walk, Walk □

- &1 ½ Turn left stepping back on R to right side (&), Step L to left side (1), □ 6:00

- 2 Place weight on R and turn your upper body to face right diagonal. Cross your arms in front of you with closed fists (2) □ 6:00
- 3 Place weight on L and turn your upper body to face left diagonal. Open your arms to the sides. (3)

(On Wall 5, open your hands with palms facing up on the word "way") □ 6:00

- 4 ¼ Turn right stepping fw on R while sweeping L from back to front (4)

(On Wall 1 & 3, open your hands with palms facing up on the word "way") □ 9:00

- 5, 6& Cross L over R (5), ¼ Turn left stepping back on R (6), Step L next to R (&) □ 6:00

- 7, 8 Step R fw (7), Step L fw (8) □ 6:00

Restarts:-□

On Wall 2 & 4, dance up to Count 40 (Step L fw facing 6:00) then restart by making a ½ turn left stepping back on R to right side for the first "&" count of Wall 3 & 5 facing 12:00. □

On Wall 6 & 7, dance up to Count 32 (½ Turn left step fw on L) then restart. Start Wall 7 facing 12:00 and Wall 8 facing 6:00. □

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