拍數： 48
垌數： 2
級數：High Intermediate
編舞者：Julia Wetzel（USA）－August 2015
音樂：I Am Who I Am－Lara Fabian ：（Album：Lara Fabian）


Intro： 16 counts from start of heavy beat（approx． 20 seconds into track）
Note：－
When starting from 12：00（Wall 1，3，5）－do 48 counts．
When starting from 6：00（Wall 2，4）－do 40 counts．After Wall 5，do only 32 counts Sequence：48，40，48，40，48，32，32，．．．
［1－8］$\square$ Out，Out，Knee In，Knee Out，Drag， $1 / 4$ Hitch，Step，Rock，Diag．Back，Touch $\square$

\＆1\＆2 $\quad$| Step $R$ to right side（ $\&$ ），Step $L$ to left side（1），Swivel $R$ knee in（ $\&$ ），Swivel $R$ knee out |
| :--- |


| 3,4 | Place weight on $R$ drag $L$ to $R(3), 1 / 4$ Turn left on ball of $R$ and hitch $L$ into a figure 4 <br> （4）$\square 9: 00$ |
| :--- | :--- |
| $5,6 \& 7$ | Step $L$ fw（5），Rock $R$ fw（6），Recover on $L(\&)$, Step $R$ back to right side（right diag．） <br> （7）$\square 9: 00$ |
| 8 | Touch $L$ next to $R(8) \square 9: 00$ |

［ 9 －16］$\square K i c k, ~ B a l l, ~ C r o s s, ~ ¼, ~ ½ ~ O u t, ~ O u t, ~ S h o u l d e r s ~ R ~ \& ~ L, ~ H i p ~ R o l l, ~ T o u c h ~ \square ~$
1\＆2 Kick Lfw（1），Step ball of $L$ next to $R(\&)$ ，Cross R over $L(2) \square 9: 00$
$3 \& 4 \quad 1 / 4$ Turn right stepping back on $L(3), 1 / 2$ Turn right step $R$ to right side（\＆），Step $L$ to left side
（4）$\square 6: 00$
5， $6 \quad$ Push shoulder to right side（5），Push shoulder to left side（6）$\square 6: 00$
7， $8 \quad$ Roll hip in a CCW circle over 2 counts ending with weight on $L$ and $R$ touching next to $L$（7－8）
Styling：On count 8，lower body slightly by bending both knees $\square 6: 00$
［17－24］Back，Together，Step， $1 / 4$ Point \＆Point，Cross behind， $1 ⁄ 2$ Unwind， $1 ⁄ 2$ Shuffle $\square$
\＆1， 2 Step back on ball of $R(\&)$ ，Step $L$ next to $R$ and rise up on balls of both feet（1），Step fw on $R$ normally（2）$\square 6: 00$
$3 \& 4 \quad 1 / 4$ Turn right and point $L$ to left side（3），Step $L$ next to $R(\&)$ ，Point $R$ to right side（4）$\square 9: 00$
$5,6 \quad$ Cross $R$ behind $L(5)$ ，Unwind $1 / 2$ turn right ending with weight on $R(6) \square 3: 00$
7\＆8 $\quad 1 / 4$ Turn right step $L$ to left side（7），Step $R$ next to $L(\&), 1 / 4$ Turn right stepping back on $L$（8） $\square 9: 00$
［25－32］$\square 1 / 4,1 / 4$ Modified NC Basic L，R，L， $1 / 4,1 / 2 \square$
\＆1 $\quad 1 / 4$ Turn right step fw on $R(\&), 1 / 4$ Turn right stepping back on $L$ to left side（left diag．）（1）
Styling：Allow your body to face the diag．as you step back on the diag．for these＂Modified NC Basics＂$\square 3: 00$
$2 \& 3 \quad$ Close $R$ behind $L$（2），Cross L over R（\＆），Step R back to right side（right diag．）（3）$\square 3: 00$
4\＆5 Close L behind R（4），Cross R over L（\＆），Step L back to left side（left diag．）（5）$\square 3: 00$
$6 \& 7 \quad$ Close $R$ behind $L(6)$ ，Cross $L$ over $R(\&), 1 / 4$ Turn left stepping back on $R(7) \square 12: 00$
$8 \quad 1 / 2$ Turn left step fw on $L$（8）$\square 6: 00$
＊Restart after here on Wall 6\＆7
［33－40］$\square$ Shuffle，Step，Locking Step，Step， $1 / 2$ Pivot，Walk，Walk
\＆1， $2 \quad$ Step R next to L（\＆），Step L fw（1），Step R fw（2）$\square 6: 00$
3\＆4 Step L fw（3），Lock R behind L（\＆），Step L fw（4）$\square 6: 00$
5－8 Step R fw（5），Pivot $1 / 2$ turn left stepping fw on L（6），Step R fw（7），Step L fw（8）$\square 12: 00$
＊Restart after here on Wall 2 \＆4，do $1 / 2$ turn left to start Wall 3 \＆ 5 at 12：00
［41－48］$\square 1 / 2$ Out，Out，Arms（Cross \＆Open）， $1 / 4$ Sweep，Cross， $1 / 4$ ，Together，Walk，Walk $\square$
\＆1 $\quad 1 / 2$ Turn left stepping back on $R$ to right side（\＆），Step $L$ to left side（1），$\square 6: 00$

Place weight on R and turn your upper body to face right diagonal. Cross your arms in front of you with closed fists (2) $\square 6: 00$ Place weight on $L$ and turn your upper body to face left diagonal. Open your arms to the sides. (3)
(On Wall 5, open your hands with palms facing up on the word "way") $\square 6: 00$
$4 \quad 1 / 4$ Turn right stepping fw on $R$ while sweeping $L$ from back to front (4)
(On Wall $1 \& 3$, open your hands with palms facing up on the word "way") $\square 9: 00$
5, 6\& Cross L over R (5), $1 / 4$ Turn left stepping back on $R(6)$, Step $L$ next to $R(\&) \square 6: 00$
7, $8 \quad$ Step R fw (7), Step L fw (8) $\square 6: 00$
Restarts:-
On Wall 2 \& 4, dance up to Count 40 (Step L fw facing 6:00) then restart by making a $1 / 2$ turn left stepping back on R to right side for the first " 8 " count of Wall 3 \& 5 facing 12:00.
On Wall 6 \& 7, dance up to Count 32 ( $1 / 2$ Turn left step fw on L) then restart. Start Wall 7 facing 12:00 and Wall 8 facing 6:00.

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