

Calypso Chime

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Improver
編舞者: Chris Lane (UK) & Val Moon (UK) - September 2015
音樂: Ding Dong, Sing My Song - Michael English



S1: Toe Strut, Cross Strut, Side Rock Cross, Hold

1 - 2 Right Toe Strut to Right Diagonal, Snap Right Heel to floor
3 - 4 Left Toe Strut to Right Diagonal, Snap Left Heel to floor
5 - 6 Step Right to Right Side, Recover Weight to Left
7 - 8 Cross Right Over Left, Hold

S2: Toe Strut, Cross Strut, Side Rock Cross, Hold

1 - 2 Left Toe Strut to Left Diagonal, Snap Left Heel to floor
3 - 4 Right Toe Strut to Left Diagonal, Snap Right Heel to floor
5 - 6 Step Left to Left Side, Recover Weight to Right
7 - 8 Cross Left Over Right, Hold

S3: Step Touch, Step Touch, Side Together Forward, Step Touch, Step Touch, Side Together Back

1 & 2 & Step Right to Right Side, Touch Left Toe next to Right Foot, Step Left to Left Side, Touch Right Toe next to Left Foot
3 & 4 & Step Right to Right Side, Step Left next to Right, Step Forward On Right Foot, Touch Left Toe next to Right Foot
5 & 6 & Step Left to Left Side, Touch Right Toe next to Left Foot, Step Right to Right Side, Touch Left Toe next to Right Foot
7 & 8 & Step Left to Left Side, Step Right next to Left, Step Back on Left, Touch Right Toe next to Left Foot

S4: Step Back, Hip Bumps x 2, Shuffle 1/2 x2

1 & 2 Step Back on Right. Bump Hips Right, Left, Right
3 & 4 Step Back on Left, Bump Hips Left, Right, Left
5 & 6 Shuffle 1/2 turn to Right moving feet Right, Left, Right
7 & 8 Shuffle 1/2 turn to Right moving feet Left, Right, Left

S5: Sailor 1/4, Side Rock, Back Rock, Jazz Box 1/4

1 & 2 Step Right Behind Left turning 1/4 Right. Step Left beside Right, Step Right Forward
3 & 4 Shuffle 1/4 turn Right stepping Left, Right, Left
5 & 6 & Rock Right out to Right Side, Recover on to Left, Rock Back on Right, Recover on to Left
7 & 8 & Cross Right Over Left, Step Back on Left, Turn 1/4 Right stepping Right to Right Side, Step Left next to Right

Contact: chrislane0803@yahoo.co.uk

Last Update - 21st Sept 2015