Hailey's Waltz



拍數: 72 編數: Improver waltz

編舞者: Christine Heinrich-Salwasser (USA) - September 2015 音樂: Say Something - A Great Big World & Christina Aguilera



** Dedicated To My Granddaughter Hailey Lenz, Kauai **

(Begins on Vocals)

Section 1: BASIC waltz step FORWARD, Back step, Drag over 2 counts

1, 2, 3 Step with right foot forward, step L foot next to R, step R next to L 4, 5, 6 Step back with left foot, DRAG R foot next to L over 2 counts

Section 2: LEFT PRESS. RIGHT PRESS

1, 2, 3 Cross right over left and recover to left, step R next to L 4, 5, 6 Cross left over right and recover to right, step L next to R

Section 3: BASIC waltz step FORWARD, Back step, Drag over 2 counts

1, 2, 3 Step with right foot forward, step L foot next to R, step R next to L 4, 5, 6 Step back with left foot, DRAG R foot next to L over 2 counts

Section 4: CROSS POINT FORWARD, HOLD

1, 2, 3 Cross right over left, point left toe to left side, hold 4, 5, 6 Cross left over right, point toe to right side, hold

Section 5: CROSS POINT BACK HOLD

1, 2, 3 Step R back, point left toe to left side, hold 4, 5, 6 Step Left back, point right toe to right side, hold

Section 6: SWEEPS

1, 2, 3 Step right foot forward and sweep left foot in front of right foot 4, 5, 6 Sweep right foot across left foot; weight should be on your RF.

Section 7: LEG LIFT/HITCH

1, 2, 3 Step R forward, LIFT Left leg, and return next to R4, 5, 6 Drag R foot and HITCH over L and return next to L foot

Section 8: SKATE

1, 2, 3 Skate with right foot forward 4, 5, 6 Skate with left foot forward

Section 9: COASTER STEP

1, 2, & 3 Forward coaster; step forward with R foot, step L beside R, step R back 1, 2, & 3 Back coasters step; Step back left, step R next to L, step forward left

Section 10: SWAYS

1, 2, 3 Angle body completely to the R, and Step R sway for 2 counts 4, 5, 6 Angle body completely to the L, and Step L and sway for 2 counts

Section 11: Rock R across L, Recover back onto R, 1/4 right, Fwd, Point right, Holdx2

1, 2, 3 Rock right foot forward, Recover back onto L making a ¼ turn R, (weight on r foot)

4, 5, 6 Step Left Foot forward, Point Right R foot , Hold

Section 12: Repeat section 11

Begin Again, No Tags or Restarts

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