Don't Make Me

拍數: 36

級數: Intermediate

編舞者: William Sevone (UK) - September 2015

音樂: Don't Make Me Over - Dionne Warwick : (Single)

牆數:4

Choreographers note:- An ideal dance for those starting in the Intermediate level who have yet to savour the '&a' technique.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts ON count 19 of the intro (1 count prior to the vocals).

S1: 2x Diag Fwd. Fwd Shuffle-Hold. 1/4 Side. 3/4 Fwd. Fwd Shuffle-Hold (12:00)

- 1 2 with a heavy sway (hip push) Step right diagonally forward right. Repeat with left.
- 3&a4 Step forward onto right, close left next to right, step slightly forward onto right hold.
- 5-6 Turn $\frac{1}{4}$ right (3) & step left to left side. Turn $\frac{3}{4}$ right (12) & step forward onto right.
- 7&a8 Step forward onto left, close right next to left, step slightly forward onto left hold.

S2: 1/4 Side. 1/4 Back Rock. Recover-Together-Fwd-Hold. 1/4 Side. 3/4 Fwd. Fwd Shuffle-Hold (6:00)

9 – 10 Turn ¼ left (9) & step right to right side. Turn ¼ left (6) & rock left across back of right
11&a12 Recover onto right, close left next to right, (turning to face 6) step forward onto right – hold.

- 11&a12 Recover onto right, close left next to right, (turning to face 6) step forward onto right no
- 13 14Turn ¼ right (9) & step left to left side. Turn ¾ right (6) & step forward onto right.
- 15&a16 Step forward onto left, close right next to left, step slightly forward onto left hold.

RESTART SHORT WALL 3: add the 2 count BRIDGE here – then restart on (new) WALL 4 (facing 12/home)

(BRIDGE: 1-Sway forward onto right. 2-Recover onto left)

S3: Side. 1/2 Sway. Chasse-Hold.Cross Rock. Recover. 1/4 Sweep-Fwd-Hold (9:00)

- 17 18 Step right to right side. Turn $\frac{1}{2}$ (12) left and sway left to left side.
- 19&a20 Step right to right side, close left next to right, step right to right side hold.
- 21 22 Cross rock left over right. Recover onto right.
- 23&a24 (23&) turning ¼ left (9) Sweep left from front to back, step down onto left. (a24) Step slightly forward onto right hold.

S4: Cross Rock. Recover. 1/4 Sweep-Fwd-Hold. Walk:L-R. 1/4 Side-1/4 Together-Back Touch-Hold (12:00)

- 25 26 Cross rock left over right. Recover onto right.
- 27&a28 (27&) turning ¼ left (6) Sweep left from front to back, step down onto left. (a28) Step slightly forward onto right hold.
- 29 30 Walk forward: Left. Right
- Turn ¼ right (9) & step left to left side, turn ¼ right (12) & step right next to left, touch left toe backward-hold

S5: Step Fwd. 1/4 Side. 1/2 Side-Cross-Side-Back Cross Touch (3:00)

- 33 34 Step forward onto left. Turn ¼ left (9) & step right to right side.
- 35&a36 Turn ½ left (3) & step left to left side, cross right over left, step left to left side touching right toe across back of left (leaning upper body slightly to left)

Dance Finish: The dance will end on Count 12 of the 6th wall (facing 12) – just pose for last 2 counts.

