## Time Flies

拍數： 24
慛數： 4
級數：Improver NC2S
編舞者：Paul McAdam（UK）－September 2015
音樂：I Always Liked That Best－Cyndi Thomson ：（iTunes）


Count in：Approximately 24 Counts from Start of track at roughly 21 seconds into track
［1－8］Side Basic，1／4，rock 1／4，Extended Weave
$1,2 \& \quad$ Step left foot to left side，step right foot slightly behind left foot，cross right foot slightly over left
3，4\＆Make a $1 / 4$ turn right and step forward on right，make a $1 / 4$ turn right and rock left foot out to left side，recover weight onto right
5\＆6\＆Cross left foot over right，step right to right side，cross left foot behind right，step right to right side
7\＆8 Cross left foot over right，step right foot to right side，cross left foot behind right and sweep right foot back
［9－16］Diagonal，Side rocks X2，Behind，Side，Step 1／2，Step Forward
1，2\＆Step right foot back to left diagonal，rock left foot out to left side，recover weight on right
3，4\＆Step left foot back to right diagonal，rock right foot out to right side，recover weight on left
5，6 Cross right foot behind left，make a $1 / 4$ turn left and step left foot forward
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Step forward on right foot，picot $1 / 2$ turn left，step forward on right foot
［17－24］Side Basic， $1 / 4$ rock， $1 / 2$ rock， $1 / 2$ turn， $3 / 4$ unwind
1，2\＆Step left foot to left side，step right foot slightly behind left foot，cross right foot slightly over left
3，4\＆Make a $1 / 4$ turn right and step forward on right foot，rock forward on left foot，recover weight on right
5，6\＆Make a $1 / 2$ turn left and step forward on left foot，rock forward on right foot，recover weight onto left
7，8\＆Make a $1 / 2$ turn right and step forward on right foot，Cross left foot over right foot，unwind a $3 / 4$ turn right
（weight ends on right foot）

## Start Dance Again．

1 TAG \＆RESTART
On the 4th wall after counts $15 \& 16$ Step $1 / 2$ turn step forward add the following counts：
$1,2 \quad$ Rock left foot to left side，recover weight onto right and then restart the dance again，stepping left to left side．

