

拍數: 64 牆數: 2 級數: Intermediate

編舞者: Pat Stott (UK), Andrew Palmer (UK) & Sheila Palmer (UK) - September 2015 音樂: Love Is a Drug (The Longside Remix) - Markus Feehily: (CD: Love is a Drug -

remixes - EP)



Track available to download from iTunes & Google Play

#16 count intro

S1: Rock. Recover.	Monterey 1/4 R	. Bia step fwd	. Step together	. Coaster-step.
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1-2 Rock forward on Right, recover weight to Left.

3&4& Point Right to side, 1/4 Right (3 o'clock) step right in place, point Left to side, step Left in

place.

5-6 Big step forward on Right, step Left beside Right.

7&8 Right coaster-step.

S2: Rock. Recover. 1/2 shuffle turn Left. Full turn. Shuffle forward

1-2 Rock fwd on left, recover on right

3&4 1/2 shuffle turn left

5-6 Full turn left7&8 Right shuffle fwd

S3: 1/4 Right slight Dip . Point Right. Slight Dip. Point Left. Ball-step. Cross Rock. Recover. Chasse' 1/4

1-2 1/4 Right (12:00) slight dip down on Left, point Right to the diagonal

3-4 Slight dip down on Right, point Left to the diagonal

&5,6 Ball-step Left beside Right, cross-rock Right over Left, recover weight to the Left

7&8 Chasse' 1/4 Right (3:00)

S4: Turn 1/2 Right. Kick Right. Coaster-step. Step fwd. Hold. Ball-step fwd. Scuff

1-2 Turn 1/2 right stepping back on left, kick right forward

3&4 Coaster step

5-6 Step fwd on left, hold

&7,8 Close right to left, step fwd on Left, scuff right fwd

S5: Cross. Side. Sailor-heel-ball-step. Cross. Side. Sailor-heel-ball-step

1-2 Cross Right over Left, step Left to side.

3&4& Right sailor-heel-ball-step.

5-6 Cross Left over Right, step Right to side.

7&8& Left sailor-heel-ball-step.

*Restart from beginning at this point during wall 5 replacing the Left sailor-heel-ball-step at count

*7&8& with a Left sailor-heel-ball-step turning 1/4 turn Left (6:00)

S6: Cross. Hold. Ball-Cross. Side. Anchor step. Touch behind. Unwind 3/4 Left

1-2 Cross right over left, hold

&3,4 Small step on ball of left, cross right over left, step left to left

5&6 Anchor step with right

7-8 Touch Left behind Right, Unwind 3/4 turn Left (12:00)

S7: Step forward. Hitch. Step back. Hook. Step forward. Turn on right 1/2 Right

1-2 Step forward on right, hitch left knee

3-4 Step back on left, hook right in front on left

5-6 Step forward on right hitch left foot next to right (pointing toes down) and pivot 1/2 right on

right foot

7-8 Walk back -left, right

S8: Rock back. Recover. Shuffle Left. Point. Step. Point. Step. Heel. Step. Heel. Step.

1-2 Rock back on Left, recover weight to Right

3&4 Left shuffle

5&6& Point side Right, step in place, point side Left, step in place

7&8& Tap Right heel fwd, step in place, tap Left heel fwd, step in place

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