One Call Away

級數: Intermediate

編舞者: Joshua Talbot (AUS) - September 2015

音樂: One Call Away - Charlie Puth : (Album: Nine Track Mind)

Start dance 32 counts in when the beat starts (approx. 23 sec) You Tube channel: Helenng27 or Facebook "Joshua Talbot" Sheet written 24/09/15

[1 – 8] UWALK, WALK, ROCK 1/2, 1/2 BACK, BACK, COASTER CROSS

1, 2, 3&4Step R fwd¹, step L fwd2, rock R fwd3, replace weight L&, ½ turn R step R fwd4 (6 O'clock)&5, 6½ turn L step L back&, step R back5, step L back6 (12 O'clock)7&8Step R back7, step L together&, step R across L8

[9 – 16] 🗆 🗆 & BEHIND, REPLACE & TOUCH UNWIND & CROSS, ¾ unwind, ½

&1, 2, Step L to L&, Rock R behind L1, replace weight L2,

&3, 4 Step R to R&, touch L toe behind R3, full turn unwind L taking weight L4 (12 O'clock)

&5, 6, 7
Step R to R&, cross/step L over R5, turn ³/₄ R for 2 counts taking weight R67 (9 O'clock)
Pushing off on R foot turn ¹/₂ L taking weight L8 (3 O'clock)^{**}

Tip for counts 5,6,7; Hold off turning on count 5 use this count to get your footing, start turning on count 6 as the turn is reasonably slow.

[17 – 24] 1/2 BACK, CROSS, & BACK, CROSS & BACK, REPLACE, 1/2, 1/4 SIDE, CROSS

&1, 2	1/2 turn L step R back&, Large step L back to L diag1, drag R to L cross R over L2 (9 O'clock)
& 3, 4	Step L slightly back&, large step R back to R diag3, drag L to R cross L over R4
&5, 6, 7	Step R back&, rock L back5, replace weight R6, 1/2 turn R step L back7 (3 O'clock)
8&	¼ turn R step R to R8, cross step L over R& (6 O'clock)

[25 – 32] SIDE, REPLACE, CROSS SHUFFLE, SIDE TOUCH & TOUCH, HITCH ¾, BALL STEP

1, 2, 3&4 Step/rock R to R1, replace weight L2, cross step R over L3, step L to L&, step R over L4

- 5&6 Touch L toe to L side5, step L together&, touch R toe to R side6
- 7, 8& Slightly hitch R knee next to L leg as you turn ¾ R7, step R slightly fwd8, step L together& (3 O'clock)
- [32] BEATS RESTART DANCE \Box

RESTART: On wall 4, dance to count 16** then Restart facing the front wall

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Last Update - 15th Oct 2015





拍數: 32

牆數:4