

Buttons

拍數: 32 牆數: 2 級數: 2
編舞者: Ron van Oerle (NL) - July 2015
音樂: Buttons - The Pussycat Dolls



Intro Counts □: 32. - No Restarts or Tags

[1 t/m 8&]: Side Step Left, Together, Diagonal Step Forward, Right Step Lock Step Forward, Left Rock Step Forward, Traveling Pivot Back

- 1 .□LF step Left (2nd P)
- 2 .□RF step next to LF (weight is on RF)(1st P)
- 3 .□LF step forward in Right Diagonal (make a swivel on RF)(5th P)
- 4 .□RF step forward (Small 5th P Ext)
- & LF step behind RF (5th P)
- 5 .□RF step forward (Small 5th P Ext)
- 6 .□LF rock forward (5th P)
- 7 .□RF replace weight (5th P)
- 8 .□Make a ½ turn Left (turn on ball of RF) & LF step forward (5th P Ext)
- & Make a ½ turn Left (turn on ball of LF) & RF step back (5th P Ext)

Note: From step 3 we dance in the diagonal.

[9 t/m 16& (17)]: Side Step Left With ¼ Turn Left, Right Rock Step Back, Right Step Lock Step Forward, Left Rock Step Forward, 5/8 Sailor Turn Left

- 1 .□Turn ¼ Left (swivel on RF) & LF step to the Left (you are facing Left Diagonal now)(2nd P)
- 2 .□RF rock back (5th P)
- 3 .□LF replace weight (5th P)
- 4 .□RF step forward (Small 5th P Ext)
- & LF step behind RF (5th P)
- 5 .□RF step forward (Small 5th P Ext)
- 6 .□LF rock forward (5th P)
- 7 .□RF replace weight (5th P)
- 8 .□LF step behind RF (2nd P)
- & Turn 5/8 Left (on ball of LF) & RF step to the Right (2nd P)
- 1 .□LF step to the Left (count 17)(2nd P)

Note: From step 1 (17) we dance on the front wall.

[Step 18 t/m 24& (25)]: Right Cross Rock Step Forward, Chasse Right, Full Cross Unwind Right, Chasse Left

- 2 .□RF rock forward into Left Diagonal (swivel on LF to do this)(5th P)
- 3 .□LF replace weight (5th P)
- 4 .□RF step to the right (2nd P)
- & LF step next to RF (1st P)
- 5 .□RF step to the right (2nd P)
- 6 .□LF cross in front over RF (2nd P Locked)
- 7 .□Make a 360° turn right (end in 2nd P locked)(weight is on RF)
- 8 .□LF step to the Left (2nd P)
- & RF step next to LF (1st P)
- 1 LF step to the Left (2nd P)

[26 t/m 32&]: Right Rock Step Back, Right Step Lock Step Forward, ¼ Military Turn Right, Left Rock Step Forward

- 2 .□RF rock back (5th P)
- 3 .□LF replace weight (5th P)
- 4 .□RF step forward (Small 5th P Ext)

- & LF step behind RF (5th P)
- 5 .□RF step forward (Small 5th P Ext)
- 6 .□LF step forward (5th P)
- 7 .□Make a ¼ turn Right (weight is on RF)(2nd P)
- 8 .□LF rock forward (5th P)
- & RF replace weight (5th P)

End of dance. Enjoy and smile.□

Contact: ron.katja@ziggo.nl
