

Stronger

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Wendy Loh (MY) - October 2015
音樂: Stronger - Kelly Clarkson



Intro : starts immediately from beginning of music

INTRO & ENDING (12:00)

- 1-4 Stand with feet apart, slowly raise R Hand from side to above head
- 5-8 Lower hand to chest with fist in hand

- 1-8 Repeat movement for Left Hand

Section 1 : Walk RL, Forward Shuffle, Rock Recover, L Back Coaster

- 1,2 Step RF forward, Step LF forward
- 3&4 Forward Shuffle RF, LF, RF
- 5,6 Rock LF forward, Recover on RF
- 7&8 Step LF back, Step RF together, Step LF forward (12:00)

Section 2 : R Cross, Step, R Sailor Step, L Cross, Step, ¼ R Sailor Step

- 1,2 Cross RF over LF, Step LF to side
- 3&4 Step RF behind LF, Step LF together, Step RF to side
- 5,6 Cross LF over RF, Step RF to side
- 7&8 Turn ¼ L & Step LF back, Step RF together, Step LF forward (9:00)

Section 3 : Touch RF Forward then Back, Tap RF forward twice, Touch back, ½ R, L Step, R Brush

- 1,2 Touch RF forward, Touch LF back
- 3,4 Tap RF forward twice
- 5,6 Touch RF back, Turn ½ R & Step RF in place (3:00)
- 7,8 Step LF forward, Brush RF beside LF

Section 4 : Touch, ¼ R, R Back Coaster, L Touch Forward then Side, L Back Coaster

- 1,2 Touch RF beside LF, Turn ¼ R weight on LF (6:00)
- 3&4 Step RF back, Step LF together, Step RF forward
- 5,6 Touch LF forward, Touch LF to side
- 7&8 Step LF back, Step RF together, Step LF forward

Section 5 : Zig Zag Step Forward & Jump, Zig Zag Step Back, & Jump

- 1,2 Step RF diagonally forward, Jump with both feet together
- 3,4 Step LF diagonally forward, Jump with both feet together
- 5,6 Step RF diagonally back, Jump with both feet together
- 7,8 Step LF diagonally back, Jump with both feet together (6:00)

Section 6 : Lock Step, Forward Shuffle to Diagonally R then L

- 1,2 Step RF diagonally forward, Lock LF behind RF
- 3&4 Diagonally Forward shuffle RF, LF, RF
- 5,6 Step LF diagonally forward, Lock RF behind LF
- 7&8 Diagonally Forward shuffle LF, RF, LF (6:00)

Section 7 : R Forward, Pivot 1/2L, R Forward Shuffle, Step Touch x2

- 1,2 Step RF forward, Turn ½ L weight on LF (12:00)
- 3&4 Forward Shuffle RF, LF, RF
- 5,6 Step LF to side, Touch RF beside LF

7,8 Step RF to side, Touch LF beside RF

Section 8 : Ball Step, Side, Ball Step, Cross, ½ L Unwind, Jazz Box

&1,2 Step LF to side, Step RF to side, Hold

&3,4 Step LF beside RF, Cross RF over LF, Turn ½ L weight end on LF (6:00)

5,6 Cross RF over LF, Step LF back

7,8 Step RF to side, Step LF together

TAG : End of Wall 1 (Facing 6:00)

Rocking Chair

1,2 Rock RF forward Recover on LF

3,4 Rock LF back, Recover on LF
