

Everybody Can Rumba

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ilona Tessmer-Willis (USA) - November 2015
音樂: Save the Last Dance for Me - The Drifters : (Google Play / AmazonMP / iTunes)



Rumba is danced Quick, Quick, Slow or 1,2, 3, Hold 4.

The dance has this pattern throughout to familiarize beginners to dancing the rumba rhythm found in many line dances.

Those wishing a country tune for their beginners here some suggestions:

"Sangria" Blake Shelton

"I Got The Boy" Jana Kramer

"Lay Low" Josh Turner

"Going Out Like That" Reba McEntire

Intro: 8 cts

S1: RIGHT FORWARD RUMBA BOX

1-4 Step R to Side, Step L Next to R, Step R Forward, Hold

5-8 Step L to Side, Step R Next to L, Step L Back, Hold, (weight on left)

S2: STEP BACK R L R HOLD & L R L HOLD

1-4 Step Back R L R Hold

5-8 Step Back L R L Hold (weight on left)

S3: STEP R SIDE R L R HOLD, STEP L SIDE L R L HOLD

1-4 Step R to Right Side, L Next to R, Step R to Right Side, Hold (4) (weight on right)

5-8 Step L to Left Side, R Next to L, Step L to Left Side, Hold (8) (weight on left)

S4: STEP FORWARD R & L, TURN ¼ RIGHT STEP R HOLD, STEP FORWARD L R L HOLD

1-2 Walk Forward R L

3-4 Turn 1/4 Right Walk R Hold

5-8 Walk Forward L R L Hold

Enjoy dancing the rumba with this or any song of your choosing.

Feel free to contact me with any questions: hel.38@att.net

Please don't alter this step sheet. i.e. keep in original form, when posting to a website.

Last Update - 6th Nov. 2015