Voices of the Sea

級數: Improver

拍數: 32 編舞者: Betty Lee (CAN) - November 2015

音樂: Ting Hai by A-Mei

Intro: 32 counts, start on vocal

S 1: Cross Rock, Recover, Side, Sway L-R, Cross Rock, Recover, Side, Sway R-L, Side

- 1-2&3&4 Cross R over L, recover onto L, step R to R, sway hips to L, sway hips to R, cross L over R
- 5-6&7-8 Recover onto R, step L to side swaying hips to L, sway R, sway L, large step to R

S 2: Back Rock, Recover, Side, Sailor ½ turn R, Forward Lock Steps, Side Rock, Recover, Cross

- 1&2 Step L behind, recover onto R, step L to L
- 3&4 Step R behind L ¼ turn R, step L ¼ turn R beside R, step R forward
- 5&6 Step L forward, step R behind L, step L forward
- 7&8 Rock R to side, recover onto L, cross R over L

S 3: L Night Club, R Night Club, ¼ R turn back, Back, Back Rock, Recover

- 1-2& Large step to L, step R behind, recover onto L
- 3-4& Large step to R, step L behind, recover onto R
- 5-6 1/4 turn R stepping back L, step back R
- 7-8 Rock back on L, recover onto R

S 4: Cross, Side, Behind, Behind, Side, Cross, L Side Mambo, Back Rock, Recover

- 1&2 Cross L over R, step R to R, step L behind R sweeping R from front to back
- 3&4 Step R behind L, step L to L, cross R over L
- 5&6 Rock L to side, recover onto R, step L next to R
- 7-8 Rock back on R, recover onto L

Repeat

TAG: W5: Dance 24 counts, add a 4 count Tag facing 9:00 (1-4: Cross L over R, unwind full turn R, sway R, L)

Ending (W9): Dance 16 counts, will be facing 6:00, unwind ½ turn L, walk forward L,R,L and pose

The choreography of this dance was inspired by the beautiful beach, friendly people in Varadera, Cuba.

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牆數:4