

# Long Days

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Marita Torres (ES) - 2009  
音樂: Lucky Lips - Cliff Richard & The Shadows



## ROCK FORWARD, ROCK BACK, ROCK SIDE, TOE STRUT

- 1 RF rock forward
- 2 recover to LF
- 3 RF rock back
- 4 recover to LF
- 5 RF rock right side
- 6 recover to LF
- 7 toe R forward
- 8 RF next to left (snaps)

## ROCK FORWARD, ROCK BACK, ROCK SIDE, TOE STRUT

- 1 LF rock forward
- 2 recover to RF
- 3 LF rock back
- 4 recover to RF
- 5 LF rock left side
- 6 recover to LF
- 7 toe L forward
- 8 LF next to right (snaps)

## KICK BALL CHANGE X 2, STEP ¼ LEFT TURN, SHUFFLE FORWARD

- 1 RF kick forward
- & Step R beside left
- 2 LF in place
- 3 RF kick forward
- & Step R beside left
- 4 LF in place
- 5 RF forward
- 6 ¼ turn left
- 7 RF forward
- & LF behind right
- 8 RF forward

## STEP FORWARD, TOUCH, STEP BACK TOUCH, OUT, OUT- IN, IN

- 1 LF forward
- 2 RF touch next to left
- 3 RF back
- 4 LF touch next to right
- & RF to right
- 5 LF to left
- 6 Hold
- & RF to center
- 7 LF to center
- 8 hold

Tag: After the 4th wall, 16 counts

GRAPEVINE RIGHT SCUFF, GRAPEVINE LEFT SCUFF

- |   |                 |
|---|-----------------|
| 1 | RF to right     |
| 2 | LF behind right |
| 3 | RF to right     |
| 4 | LF scuff        |
| 5 | LF to left      |
| 6 | RF behind left  |
| 7 | LF to left      |
| 8 | LF scuff        |

**Back to start**

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