Summertime Roll!

拍數: 48

牆數:2 級數: Improver samba

編舞者: Joey Warren (USA) & Niels Poulsen (DK) - October 2015

音樂: In the Summertime (feat. Rayvon) - Shaggy : (iTunes)

Intro: 16 count intro from the main beat in the music (14 secs. into track). Start with weight on L.

NOTE: As the music is a samba it has a delayed syncopated beat. Try to execute all the &-steps with a slight hesitation whenever possible. Think of the &-counts as 'a'-counts. NO TAGS - NO RESTARTS!!! ...

[1 – 8] Samba whisk R & L, out R L with hip pushes, chasse 1/4 R

- 1&2 Step R to R side (1), rock back on L (&), recover on R (2) 12:00
- 3&4 Step L to L side (3), rock back on R (&), recover on L (4) 12:00
- 5-6 Step out R pushing hips R (5), step out L pushing hips L (6) 12:00
- 7&8 Step R to R side (7), step L next to R (&), turn ¼ R stepping R fwd (8) ... (or turn 1 ¼ R) 3:00

[9 – 16] Step turn step, R mambo fwd, out L R into hip roll L and R with points

- Step fwd on L (1), turn 1/2 R onto R (&), step fwd on L (2) 9:00 1&2
- 3&4 Rock fwd on R (3), recover back on L (&), step back on R (4) 9:00
- &5-6 Step out L (&), step out R starting to roll hips in a counter clockwise circle from L to R (5), finish hip roll pushing hips L and pointing L to L side (6) 9:00
- 7 8 Do another full hip roll rolling hips clockwise to R then L (7), push hips R and point R to R side (8) Styling: make both circles BIG!!! 9:00

[17 – 24] R vine into ball cross & touch, full volta turn L

- 1 2 Step down on R (1), cross L behind R (2) 9:00
- &3&4 Step R to R side (&), cross L over R (3), step R to R side (&), touch L next to R (4) 9:00
- 5&6& Turn ¼ L stepping L fwd (5), turn ¼ L rocking R to R side (&), recover on L (6), turn ¼ L rocking R to R side (&)12:00
- 7&8 Recover on L (7), turn 1/4 L rocking R to R side (&), recover on L (8) 9:00

[25 – 32] R samba step, L kick side rock, L samba step ¼ L, run R L R

- 1&2 Cross R over L (1), rock L to L side (&), recover on R (2) 9:00
- 3&4 Cross kick L over R (3), rock L to L side pushing hips L (&), recover on R (4) 9:00
- 5&6 Cross L over R (5), rock R to R side (&), turn ¼ L when recovering onto L (6) 6:00
- 7&8 Run fwd R (7), run fwd L (&), run fwd R (8) 6:00

Option: boogie runs rolling knees out R L R when running fwd the 3 times

[33 – 40] Kick steps X 3, ¼ L shuffle, kick steps X 3, ¼ L shuffle

- &1&2& With a flexed foot kick L low (&), step L down and a tiny step fwd (1), repeat kick with R foot (&), step R down and a tiny step fwd (2), start turning ¼ L repeating the L kick (&) 4:30
- 3&4 Finish the ¼ L stepping L down (3), step R behind L (&), step L a small step fwd (4) 3:00
- &5&6& With a flexed foot kick R low (&), step R down and a tiny step fwd (5), repeat kick with L foot (&), step L down and a tiny step fwd (6), start turning ¼ L repeating the R kick (&) 1:30
- Finish the ¹/₄ L stepping R down (7), step L behind R (&), step R a small step fwd opening up 7&8 in body towards 1:30 (8) 12:00

Styling note: try to make a half circle when doing all the kicks and the shuffles

[41 – 48] Vaudeville L & R, L mambo 1/2 L, run R L R L (or full L paddle turn)

- Cross L over R (1), step R to R side (&), touch L heel diagonally L (2), step down on L (&) 1&2& 12:00
- 3&4& Cross R over L (3), step L to L side (&), touch R heel diagonally R (4), step down on R (&) 12:00





5&6 Rock fwd on L (5), recover back on R (&), turn ½ L stepping fwd on L (6) 6:00

&7&8 Run fwd R (&), run fwd L (7), run fwd R (&), run fwd L (8) ...

TURNY OPTION: do a full L paddle turn instead of the 4 runs.

Turn ¼ L rocking R to R side (&), recover on L turning ¼ L (7), turn ¼ L rocking R to R side (&), recover on L turning ¼ L (8) 6:00

Ending: Wall 7 is your last wall (starts at 12:00). Do the first 8 counts, now facing 3:00. To end at 12:00 just turn ¼ R stepping L to L side on count 2 of the normal step turn step...12:00

GOOD LUCK and HAPPY DANCING

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