

Through The Wire

拍數: 64 牆數: 2 級數: High Improver
編舞者: Alexis Strong (UK) & Caroline Cooper (UK) - November 2015
音樂: What a Feeling - One Direction



Start On Vocals

[1-8] RUMBA BOX FORWARD SHUFFLE, LEFT ROCK RECOVER, 1/2 TURN LEFT, 1/2 TURN LEFT.

1-2 Step R To R (1) Step L Together (2)
3&4 Step Fwd R (3) Step L Together (&) Step R Fwd (4)
5-6 Rock Fwd On L (5) Recover On R (6)
7-8 Make 1/2 Turn L On L, (7) 1/2 Turn L On R (8)
(Easy steps 7-8 Walk Back L (7) Walk Back R (8) FACING 12.00)

[9-16] LEFT SAILOR STEP, RIGHT SAILOR STEP, LEFT CROSS BEHIND, UNWIND FULL TURN, RIGHT SIDE ROCK RECOVER.

1&2 Cross L Behind R (1) Step R To R (&) Step L To L (2)
3&4 Cross R Behind L (3) Step L To L (&) Step R To R (4)
5-6 Cross L behind R (5) Unwind Full Turn To L (6)
7-8 Rock R To R (7) Recover On L (8) FACING 12.00

[17-24] BACK ROCK, RECOVER, KICK BALL CROSS, STEP RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT.

1-2 Rock R Behind L, recover weight L,
3&4 Kick R foot on R diagonal, step down on R, Cross L over Right,
5-6 Step R to R side touch L next to R,
7-8 Step L to L side, Touch R next to L (12.00)

[25-32] SIDE, BEHIND & CROSS SIDE, POINT L FORWARD, POINT L SIDE, ¼ COASTER L

1-2 Step R to R side, Cross L behind R,
&3-4 Step R to R side, Cross L over R, Step R to R side, (keep weight R)
5-6 Point L toe Forward, Point L toe to L Side,
7&8 ¼ L step back L, Step R next to L, Step Forward L (Facing 9.00)

[33-40] STEP, HEELS UP, DOWN, BACK COASTER STEP, CROSS POINT, CROSS POINT.

1&2 Step Forward R, Raise both heels up, & down,
3&4 Back R, Step L next to R, Step forward R,
5&6 Cross L over R (5) Point R Diagonal Forward (6)
7-8 Cross R behind L (7), Point L Diagonal Back (8). (Facing 9.00)

[41-48] LEFT CROSS, 1/4 TURN, BACK LEFT SHUFFLE, RIGHT ROCK BACK RECOVER, FULL TURN

1-2 Cross L over R (1) , ¼ turn L stepping back R, (2)
3&4 Step back L (3), Step R next to L (&) , Step back L, (4) and
5-6 Rock back R (5) recover weight L (6)
7-8 ½ Turn L Stepping back R (7), ½ Turn L Stepping forward L (8) (Facing 6.00)

[49-56] RIGHT KICK BALL, TOUCH LEFT, 1/4 TURN LEFT, LEFT KICK BALL, TOUCH, RIGHT GRIND 1/4 TURN RIGHT, BACK RIGHT COASTER STEP.

1&2 R Kick Forward (1) Step R Down (&) Touch L To R (2)
3&4 Making 1/4 Turn L, Kick L Forward (3) Step L Down (&) Touch R To L (4) (Facing 3.00)
5-6 Grind R Over L (5) Make 1/4 R, Step On L (6)
7-8 Step Back On R (7) Step Back On L (&) Step Forward On R (8) (Facing 6.00)

[57-64] LEFT CROSS, POINT RIGHT, RIGHT CROSS POINT LEFT, LEFT JAZZ BOX, SWAY LEFT, TOUCH RIGHT

- 1-2 Cross L Over R (1) Point R To R (2)
- 3-4 Cross R Over L (3) Point L To L (4)
- 5-6 Cross L Over R (5) Step Back R (6)
- 7-8 Sway L To L (7) Touch R To L (8). (Facing 6.00)

Tag end of wall 2

- 1-4 STEP RIGHT TO RIGHT, TOUCH LEFT TO RIGHT, STEP LEFT TO LEFT, TOUCH RIGHT TO LEFT.
- 1-2 Step R To R (1) Touch L To R (2) 3-4 Step L To L (3) Touch R To L (4)

ENJOY!!
