

Act Naturally

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4
編舞者: Mike Ennis (UK) - December 2015
音樂: Act Naturally - Ringo Starr

級數: Absolute Beginner



SECTION 1 (1-8) HEEL, TOE, HEEL, TOE, WEAVE RIGHT

- 1-2 RF forward on heel, RF back on toe
- 3-4 RF forward on heel, RF back on toe
- 5-6 RF step right side, left step behind RF
- 7-8 RF cross in front of LF, LF touch

SECTION 2 (1-8) HEEL, TOE, HEEL, TOE, WEAVE LEFT

- 1-2 LF forward on heel, LF back on toe
- 3-4 LF forward on heel, LF back on toe
- 5-6 LF step left side, right step behind LF
- 7-8 LF cross in front of RF, RF touch

SECTION 3 (1-8) JAZZ BOX, STEP TOUCH BACK

- 1-2 RF cross in front of LF, LF step back
- 3-4 RF step to side of LF, LF step on the spot
- 5-6 RF step back, LF touch
- 7-8 LF step back, RF touch

SECTION 4 (1-8) WALK FORWARD, KICK, WALK BACK, TOUCH

- 1-2 RF forward, LF forward
- 3-4 RF forward, LF kick
- 5-6 LF back, RF back
- 7-8 LF back (1/4 turn), RF touch

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