

# It Feels Good

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Larry Schmidt (USA) - August 2015  
音樂: It Feels Good - Drake White



**\*\* (Thanks to Laurie Urban for suggesting song) \*\***

**#24 ct intro. Start on vocals, Wt on left.**

**[1-8] □ SIDE ROCK, RECOVER, CROSS-&-CROSS, SIDE ROCK, RECOVER, COASTER W/ ¼ TURN**

1, 2      Rock right onto right foot, Recover weight to left,  
3&4      Step right across left, Step left foot left, Step right across left,  
5, 6      Rock left onto left foot, Recover weight to right,  
7&8      Turn ¼ left stepping back onto left, Step right next to left, Step left forward.(9:00)

**[9-16] □ ¼ PADDLE X2, CROSS, SIDE-TOGETHER-SIDE, TOUCH**

1, 2      Step right foot forward, pivot ¼ left onto left. (6:00)  
3. 4      Step right foot forward, Pivot ¼ left onto left, (3:00)  
5, 6      Step right across left, Step left foot left,  
&7, 8      Step right next to left, Step left foot left, Touch right next to left.

**( RESTART HERE ON WALL 3 )**

**[17-24] □ STEP, POINT, HOLD, TOGETHER, POINT, HOLD, TOGETHER-KICK-TOGETHER-KICK-TOGETHER-TOUCH, CLAP, CLAP**

&1, 2      Step right in place, Point left toes left, Hold,  
&3. 4      Step left next to right, Point right toes right, Hold,  
&5&6      Step right next to left, Kick left foot forward, Step left next to right, Kick right foot forward,  
&7&8      Step right foot next to left, Touch left toes forward, Clap, Clap,

**[25-32] □ STEP, HOLD, TOEGTHER, STEP, HOLD, TOGETHER, ROCK, RECOVER, TRIPLE FULL TURN**

1, 2      Step left foot forward, Hold,  
&3, 4      Step right foot near left, Step left foot forward, Hold,  
&5 -6      Step right foot near left, Rock forward onto left, Recover weight to right,  
7&8      Turn ½ left onto left, Step right next to left, Turn ½ left onto left, (3:00)

**(Easier option for 7&8: Replace turning triple with 3 steps small steps back.)**

**FINISH: To finish facing 12:00, Replace the last Triple Full Turn (31&32) with a Triple ½ Turn to the front.**

**REPEAT & ENJOY**

Larry Schmidt - □316-262-6450 - lschmidt3@cox.net  
~1108 W 13th- Wichita, Kansas, 67203, USA