# Focus Day and Night



拍數: 80 牆數: 2 級數: Phrased Intermediate Plus

編舞者: Weber Wen (USA) & Andie Ghidiu (USA) - November 2015

音樂: Focus - Ariana Grande



Sequence: AB// AB// Tag// A// Tag// BB

Intro: 16 counts

#### A - 64 counts

A[1-8]□ Brush, side-rock, cross and cross, side-rock, kick-ball, walk, walk

12&3&4 Brush R fwd R diagonal, rock R side R, recover L, cross R over L, small step side L on ball of

L, cross R over L

5&6&78 Rock L to L side, recover R, kick L fwd, step on ball of L, walk fwd R, L 12:00

A[9-16]□ Rock, ¼ side, touch, scissor step, point, ¼ hitch, 2 walks, twist, ¼ swivel

1&2& Rock fwd on ball of R, recover L turning ¼ R, step side R on R, drag L in to R and touch 3:00

3&4 Step L to L side at a fwd diagonal, close R next to L, step L fwd across R

Point R to R side, turn ¼ R on R ending with R hitch 6:00

&7&8 Two small steps fwd R,L, turn upper body ¼ R, swivel feet ¼ R 9:00

A[17-24] 

Skate R, skate L, skate R together R, skate L, skate R, skate L together L

123&4 Skate R fwd at R diagonal, skate L fwd at L diag., skate R fwd diag., close L next to R, skate

R fwd diag.

Skate L fwd at L diagonal, skate R fwd at R diag., skate L fwd diag., close R next to L, skate

L fwd diag.

A[25-32] Cross, back-1/4 turn, rock-step-close, step-lock-step-ball, walk, 1/4 turn hitch

12&3&4 Cross R over L, step back on L, turn ¼ R stepping fwd on R, Rock fwd on L, recover R, step

L next to R 12:00

5&6&78 Step back on R, lock L over R, step back on R, step ball of L next to R, Step fwd on R, turn 1/4

R and hitch L knee 3:00

A[33-40] Side, ¼ turn, walk, full turn, rock, recover-ball, rock, recover-ball

123 Step L to L side, pivot ¼ R, walk fwd L 6:00

4&56 Turn ½ L and step back on R, turn ½ L and step fwd on L, rock fwd on R, recover L &78& Step ball of R next to L, rock fwd on L, recover R, step ball of L next to R 6:00

A[41-48] Side-rock, ½ hinge, side, press-back-¼ turn, step, touch-step, touch, ½ reverse spiral, ball

Rock side R on R, recover L, hinge ½ R on L, step side R on R, press L in front of R, recover

at R back diagonal 12:00

&5&6 Turn ¼ L on L and step fwd, step fwd on R, drag-touch L next to R, step fwd on L 9:00

78& Touch R in front of L, close R to L crossing at ankle and turn ½ R on L, step fwd on ball of R

3:00

A[49-56] Cross-back-side, step turn, side, fwd, fwd, ½ pivot, side, touch

123 Step fwd on L at R diagonal, step side R and back on R, step L side L

4&56 Step fwd on R, pivot ½ L on R keeping weight R and drawing L foot in, step side L on L, step

fwd on R 9:00

7&8& Step fwd on L, pivot ½ R on R, step L side L, touch R next to L 3:00

[57-64] \( \text{\tin}}\text{\ti}\text{\texitile}}\text{\tin}\text{\text{\text{\text{\texi}\tinichtex{\text{\text{\text{\texi}}}\text{\text{\text{\text{\text{\tin}}}}}}}}}}}}}}}}}}}}}}}}

123&4 Turn ¼ R stepping fwd R, turn ½ R stepping back L, turn ¼ R stepping side R, rock back L,

recover R 3:00

&5678 Step side L on L, touch R next L and push off with L sliding R to R side, cross L behind R,

unwind ¾ L (7-8) 6:00

## B - 32 counts $\Box$ (1-16 will be danced 2x)

## B[1-8]□ Rock-step, ¼ turn out-out, shoulder pops, behind-side-rock, behind-side-rock, together

1&a2 Rock R forward, recover L, turn ¼ R and step R to side, step L to side 9:00

3&4& Hold, push L shoulder to side, hold, push R shoulder to side

5&6&7&8 Step L behind R, rock side R on R, recover L, step R behind L, Rock side L on L, recover R,

step L next to R

## B[9-16] Rock-step, touch-slide, slide, heel swivel, close-side, close-side, touch- ¼ side, touch-side

1&23 Rock back on R, recover L, pushing off with L sliding R a little side R, Push and slide R more

side R

&4&5 Swivel R knee in-out (&4), touch L next to R, push off with R stepping side L on L opening

knees

&6 Close R in next to L closing knees, push off with R stepping L side L opening knees

&7 Touch R next to L closing knees, push off with L and turn ¼ R stepping side R opening knees

12:00

&8 Touch L next to R closing knees, push off with R stepping L side L

## B[17-32] (Repeat 1-16 one more time 6:00)

Tag: 1-4 Touch R fwd, touch R side R, touch R next to L, hold. (After wall 2 facing 12:00, after wall 3 facing 6:00)

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