Stompin'

拍數: 48

級數: Easy Intermediate

編舞者: Amanda Bowler (USA) - January 2016

牆數: 2

音樂: America's Sweetheart - Elle King

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Intro: Start on lyrics

S1: Walk forward R-L-R, Stomp/steps diagonal back

- Walk R, L, R, Stomp L next to R 1-4
- 5-6 Step L back diagonal, stomp R next to L
- 7-8 Step R back diagonal, stomp L next to R (keeping weight on R)

S2: Monterey turn, Scoot right

- Point L toe to L side, 1/2 turn over L shoulder landing L 1-2
- 3-4 Point R toe to R side, step R together
- 5-6-7-8 Scoot toes and heel to R side 4 times (weight ending on L)

S3 and S4: Repeat S1 and S2

S5: Rock R, Shuffle 1/2, Rock L, Shuffle 1/4

- 1-2 Rock forward on R, Recover on L
- 3&4 Shuffle 1/2 Turn Over R Shoulder R-L-R
- 5-6 Rock forward on L, Recover on R
- Shuffle 1/4 Turn L Stepping L-R-L 7&8

S6: Stomp R, Clap, Stomp L, Clap, Stomp Rx4 with 3/4 turn Pivot

- 1-2 Stomp R In Front, Clap
- 3-4 Stomp L In Front, Clap
- 5-6-7-8 Stomp R 4 Times Keeping Weight On L Pivoting 3/4 Turn Over Left Shoulder

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