Snap Your Fingers (彈指之間) (zh)

拍數: 64 **牆數:** 2 **級數:** Intermediate/Advanced
編舞者: Rachael McEnaney (USA) - 2010年05月
音樂: Snap Your Fingers - Ronnie Milsap

前奏： Count In: 16 counts from start of track – dance begins on word “fingers”

第一段 **L Walk, Hold Snap Fingers, R Walk, Hold Snap Fingers, L Ball Close R, L Cross, 1/4 Turn, ½ Turn**
走, 候(彈指), 走, 候(彈指), 左踏 併踏, 交叉, 1/4, 1/2

1-2 Step forward on left crossing slightly over right (1), hold snapping fingers down by sides (either 1 hand or both) (2) [12.00]
左足於右足略前踏, 候(在雙側彈手指)(面向12點鐘)

3-4 Step forward on right crossing slightly over left (3), hold snapping fingers down by sides (either 1 hand or both) (4) [12.00]
右足於左足略前踏, 候(在雙側彈手指)(面向12點鐘)

&56 Step ball of left to left side (&), step right next to left angling body to 1.30 (5), cross left over right (6) [12.00]
左足左踏, 右足併踏身體面向1:30, 左足於右足前交叉踏(面向12點鐘)

7-8 Make ¼ turn left stepping back on right (7), make ½ turn left stepping forward on left (8) [3.00]
左轉90度右足後踏, 左轉180度左足前踏(面向3點鐘)

第二段 **R Ball Close L, Step Back R L, R Back, ¼ Turn L, Step Fwd R, Rock Fwd L, Step Back R L 踏 併, 後 後, 後 1/4, 踏, 下沉 回復 後**

&1-3 Step forward on right (&), step left next to right (1), step back on right (2) step back on left (3) [3.00]
右足前踏, 左足併踏, 右足後踏, 左足後踏(面向3點鐘)

4&5 Step back on right (4), make ¼ turn left stepping left next to right and slightly to left side (&), step forward on right (5) [12.00]
右足後踏, 左轉90度左足併踏, 右足前踏(面向12點鐘)

6-8 Rock forward on left (6), step back on right (7), step back on left (8) [12.00] 左足前下沉, 右足回復, 左足後踏

第三段 **Big Step Back Right, Hold, L Ball Change, ¼ Turn L With L Crossing Shuffle, ¾ Right With Walk Around**
後大步, 候, 後踏, 踏, 1/4交叉交換, 三步右轉3/4

1,2&3 Take big step back on right (1), hold dragging left towards right (2), rock back on ball of left (&), step right foot in place (3) [12.00]
右足後一大步, 左足拖併, 左足後下沉, 右足踏(面向12點鐘)

4&5 Make ¼ turn left crossing left over right (4), step right next to left (&), cross left over right (5) [9.00]
左轉90度左足於右足前交叉踏, 右足併踏, 左足於右足前交叉踏(9點鐘)

6-8 Make ¾ turn in total to right walking casually right (6), left (7), right (8) [6.00] 三步右轉270度-右, 左, 右(面向6點鐘)

第四段 **L Kick & Touch & Touch & R Kick, Out Out, Elvis Knee Pops R L R 踢 併 點 收 點 收 踢 外 外, 膝彈-右, 左, 右**

1&2 Kick left foot forward and slightly across right (1), step left to left side (&), touch right next to left (2) [6.00]
左足於右足前交叉踢, 左足左踏, 右足併點(面向6點鐘)

&3&4 Step right to right side (&), touch left next to right (3), step left to left side (&), kick right foot forward and slightly across left (4) [6.00] 右足右踏, 左足併點, 左足左踏, 右足於左足前交叉踢(6點鐘)

&5 Step right to right side (&), step left to left side (5) [6.00]
右足右踏, 左足左踏(面向6點鐘)

6-8 Pop right knee in towards left (6), straighten right knee & pop left knee in towards right (7), straight left knee & pop right knee in towards left (8) [6.00]
右膝向內彎, 右膝回復左膝向內彎, 左膝回復右足向內彎(面向6點鐘)

Styling: When doing the step touches keep knees soft and pop each knee in towards the other – sit into weighted hip
以坐姿做雙膝互彈的交換動作

第五段 R Rolling Vine With L Toe Point, & R Toe Point, R Rolling Vine With ¼ Turn R 轉華倫點 收 點, 三步轉圈

1-3 Make ¼ turn right stepping forward right (1), make ½ turn right stepping back left (2), make ¼ turn right stepping right to right side (3) [6.00]
右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏(面向6點鐘)

4&5 Touch left toe out to left side snapping both fingers to the right side (4), step left next to right (&), touch right toe out to right side (5) [6.00] 左足趾左點(雙手向右彈指), 左足併踏, 右足趾右點(面向6點鐘)

6-8 Make ¼ turn right stepping forward right (6), make ½ turn right stepping back left (7), make ½ turn right stepping forward right (8) [9.00]
右轉90度右足前踏, 右轉180度左足後踏, 右轉180度右足前踏(面向9點鐘)

第六段 L Rock Fwd, L Back R Side L Cross, R Ball Close, R Cross, ¼ Turn, ¼ Turn
下沉 回復, 後 旁 前 右 併, 交叉 1/4 1/4

12,3&4 Rock forward on left (1), recover weight onto right (2), step back on left (3), step right to right side (&), cross left over right (4) [9.00]
左足前下沉, 右足回復, 左足後踏, 右足右踏, 左足於右足前交叉踏(面向9點鐘)

&5 Step ball of right to right side (&), step left next to right angling body to diagonal 7.30 (5) [9.00]
右足右踏, 左足併踏身體向7:30斜角(腳向9點鐘)

6-8 Cross right over left (6), make ¼ turn right stepping back on left (7), make ¼ turn right stepping right to right side (8) [3.00]
右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足右踏(面向3點鐘)

第七段 L Cross, R Side, L Sailor With Top Tap (Knee Pop), & R Heel Ball Cross, R Side Rock With ¼ Turn L
交叉 右, 水手步帶點(彈膝) 收 踵 收 交叉, 右下沉 1/4回復

12,3&4 Cross left over right (1), step right to right side (2), cross left behind right (3), step right next to left (&), Tap left toe to left diagonal popping left knee as you do so (4) (body angled to 1.30) [3.00]
左足於右足前交叉踏, 右足右踏, 左足於右足後踏, 右足併踏, 左足趾斜角點左膝彈身體向1:30(腳向3點鐘)

&5&6 Step in place with left foot (&), touch right heel to right diagonal (5) (body angled to 4.30), step in place on ball of right (&), cross left over right [3.00]
左足踏, 右足踵右斜角點, (身體向4:50)右足踏, 左足於右足前交叉踏(面向3點鐘)

7-8 Rock right to right side (7), make ¼ turn left recovering weight onto left (8) [12.00] 右足右下沉, 左轉90度左足回復(面向12點鐘)

第八段 Full Turn Forward Stepping R L R, L Ball Rock Forward, Side L, Step Fwd R, ½ Pivot Turn, Full Turn R Triple
踏 轉 轉, 下沉 回復 左 交叉 轉, 三步轉圈

1-3	Step forward on right (1), make ½ turn right stepping back on left (2), make ½ turn right stepping forward on right (3) [12.00] 右足前踏, 右轉180度左足後踏, 右轉180度右足前踏(面向12點鐘)
&4&5	Rock forward on ball of left (&), recover weight onto right (4), step ball of left to left side (&), step right foot forward slightly across left (5) [12.00] 左足前下沉, 右足回復, 左足左踏, 右足於左足前交叉踏(面向12點鐘)
6,7&8	Make sharp ½ pivot turn to left (6) (lock thighs together to help next turn), make full turn to right doing triple - right (7), left (&), right (8) [6.00] 快速左轉180度(雙腿夾緊準備做下一個轉圈), 右三步轉圈-右, 左, 右(面向6點鐘)