My Backroad Dance



拍數: 16 牆數: 4 級數: Improver

編舞者: Lynn Card (USA) - January 2016 音樂: Backroad Song - Granger Smith



Intro: 16 counts

(1-4) HEEL, SWITCH, HEEL, SWITCH, TOUCH BACK, 1/2 TURN HITCH, STEP

1&2 Touch R heel forward, Replace R next to L, Touch L heel forward

&3&4 Replace L next to R, Touch R toe back, Turn ½ turn to right hitching R, Step down on R

(5-8) MAMBO STEP, COASTER STEP

Rock L forward, Recover R at center, Replace L next to R
Step L back, Step R back next to L, Step R forward

(9-12) KICK BALL POINT, CROSS ROCK, SWEEP

1&2 Kick L forward, Replace L next to R, Point R out to right

Rock R forward in front of L, as you Recover back on L sweep R around right side from front

to back

(13-16) BEHIND SIDE CROSS, 1/4 CHASE TURN

5&6 Cross R behind L, Recover L to left, Cross R over L

7&8 Step L to left, Pivot ¼ turn to right stepping R forward to 9:00, Step L forward

TAG 1 facing 6:00 after Wall 2 TAG 2 facing 6:00 after Wall 6

TAG 1 & 2 ARE THE SAME 8 COUNTS

(1-4) STEP, PIVOT ½, STEP, PIVOT ½

1,2,3,4 Step R forward, Pivot ½ turn to left recovering L forward, Step R forward, Pivot ½ turn to

left recovering L forward

(5-8) SWAY HIPS TO RIGHT, TO LEFT, TO RIGHT, TO LEFT

5,6,7,8 Step R slightly to right and sway R hip to right, Sway L hip to left shifting the weight to L,

Sway R hip to right shifting the weight to right, Sway L hip to left...the weight shifts back and

Forth from R to L as you sway ending with weight on L

TAG 3 facing 6:00 after Wall 10 is a 2 count hold with weight on L