

Hello It's Me

拍數: 32 牆數: 4 級數: Novice
編舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - January 2016
音樂: Hello (Dj Dark & Dj Vianu Remix) - Adele



Intro: 8 Counts: Start on the word "HELLO"

R Side Rock, Recover, Kick-Ball-Point, Kick-Ball-Point, Diagonal Hitch, Big Step To L Side

1-2-3&4 RF. Rock to R side - LF. Recover - RF. Kick fwd - RF. Step slightly fwd - LF. Poin to L side
5&6-7-8 LF. Kick fwd - LF. Step slightly fwd - RF. Point to R side - RF. Hitch diagonal L - RF. Big step
to R side

Step Together, Step Fwd, Lock Shuffle, Step Fwd, 1/2 Turn L, Kick-Ball-Step

1-2-3&4 LF. Step together - RF. Step fwd - LF. Step fwd - RF. Lock behind LF - LF. Step fwd
5-6-7&8 RF. Step fwd - 1/2 Pivot turn L - RF. Kick fwd - RF. Step together - LF. Step fwd (6)
Restart

Out Out, Step Back, Out Out, Step Back, Back Rock, Recover, Shuffle 1/2 Turn L

&1-2&3-4 RF. Step out - LF. Step out - RF. Step back - LF. Step out - RF. Step out - LF. Step back
5-6-7&8 RF. Rock back - Recover - Shuffle 1/2 turn L stepping R,L,R (12)

Step L to L Side With 1/4 Turn L, Together, Chasse L, Mambo Back, Mambo Fwd

1-2-3&4 LF. Step to L side with 1/4 turn L - RF. Step together - LF. step to L side - RF. Step together -
LF. step to L side (3)
5-6-7-8 RF. Rock back - Recover - RF. Step fwd - LF. Rock fwd - Recover - LF. Step back

Start Again

RESTART: in the 3rd (12) and the 8th (6) wall, after count 16

TAG: at the end of wall 6 (3)

Step Fwd With 1/8 Turn L X2, Shuffle R With 1/4 Turn L, Step Fwd With 1/8 Turn L X2, Shuffle L With 1/4 Turn L

1-2-3&4 RF. Step fwd with 1/8 turn L - LF. Step fwd with 1/8 turn L (12) - R shuffle with 1/4 turn L
(R,L,R) (9)
5-6-7&8 LF. Step fwd with 1/8 turn L - RF. Step fwd with 1/8 turn L (6) - L shuffle with 1/4 turn L
(L,R,L) (3)

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