

History

拍數: 32 牆數: 4 級數: Beginner
編舞者: Dawn Rathbun (USA) - January 2016
音樂: History - One Direction



Side together, Shuffle back, Side together, Shuffle forward

1 2 Step side right, together left
3&4 Step back right, step together left, step back right
5 6 Step side left, together right
7&8 Step forward left, together right, step forward left

Rocking chair, ½ Pivot, Shuffle forward

1 2 3 4 Step forward right, recover back left, step back right, recover forward left
5 6 Step forward right, turn ½ left (weight on left)
7&8 Step forward right, together left, step forward right

Step forward, Touch, Step forward, Touch, Step back, Touch, Step back, Touch

1 2 Step forward left, touch right toe to the side
~1st Restart happens here after you hold for two counts
3 4 Step forward right, touch left toe to the side
5 6 Step back left, touch right toe to the side
7 8 Step back right, touch left toe to the side

Rock back, Shuffle forward, ¼ Pivot, Cross over, Step back

1 2 Step back left, recover forward right
3&4 Step forward left, together right, step forward left
~2nd Restart happens here
5 6 Step forward right, turn ¼ left (weight on left)
7 8 Cross right over left, step back left

Restarts:-

~1st Restart on 2nd wall (9:00) finish 18 counts hold for 2 counts then Restart
~2nd Restart on 4th wall (6:00) finish 28 counts then restart

Also goes to Head Over Boots.

Dancing to this song; one Restart only 7th wall starts at 6:00 dance 18 counts hold for 2 counts Restart 12:00